

Seven Year Ache for Two (P)

Compte: 32

Mur: 1

Niveau: Beginner Partner

Chorégraphe: Val Le Maitre (FR) - May 2023

Musique: Seven Year Ache (feat. Jenna Paulette) - Aaron Watson



Intro : 4 X 8 counts

Position : sweetheart face L.O.D

Man and lady footsteps are identical unless indicated

[1-8] Walk, walk ,shuffle, step ¼ pivot , cross shuffle

- 1-2 Walk fwd R foot, walk fwd L foot
- 3&4 Step fwd R foot, step L foot next to R , step fwd R foot
- 5-6 Step fwd L foot , pivot ¼ turn to R (weight on R)
- 7&8 Cross L over R , step R to side , cross L over R

[9-16] Step, touch/clap , step , touch /clap , side, together , step , touch

Let go of hands

- 1-2 Step side R , touch L next to R
- 3-4 Step side L , touch R next to L
- 5-6 Step side R , step L next to R
- 7-8 Step fwd R , touch L next to R

[17-24] Step, touch /clap, step , touch /clap , side , together , ¼ turn to L , step, touch

- 1-2 Step side L , touch R next to L
- 3-4 Step side R , touch L next to R

Get your hands back in position sweetheart

- 5-6 Step side L , step R next to L
- 7-8 ¼ turn to L , step side L , touch R next to L

[25-32] M: coaster step M : walk , walk , shuffle , rock forward ,

[25-32] L: ½ turn X 2 , shuffle , rock forward , coaster step

- 1-2 M : walk fwd R , walk fwd L
- 1-2 L : ½ turn to R ,step R fwd , ½ turn to L , step L fwd
- 3&4 Step L fwd , step L next to R , step L fwd
- 5-6 Rock step L fwd , recover R
- 7&8 Step back L , step R next to L , step L fwd

(OPTION 1-2 for lady : walk fwd R , walk fwd L)

Légend : R = Right , L = Left

Enjoy and have fun ω