

# One Thing at a Time

**Compte:** 64

**Mur:** 4

**Niveau:** Intermediate



**Chorégraphe:** Jennifer Miller (USA) - March 2023

**Musique:** One Thing At A Time - Morgan Wallen : (Album: One Thing at a Time - iTunes)

**Intro: 32 (start on vocals)**

## **K-STEP**

- 1,2 Step RF Forward on a 45 degree, Touch L next to RF
- 3,4 Step LF back on a 45 degree, Touch RF next to LF
- 5,6 Step RF back on a 45 degree, Touch LF next to RF
- 7,8 Step LF Forward on a 45 degree, Step RF next to LF (Weight on both)

## **HEEL SPLITS (X2), R HEEL (X2), R TOE (X2)**

- 1,2 Split both heels apart, return to center
- 3,4 Split both heels apart, return to center
- 5,6 Touch right heel forward twice
- 7,8 Touch right toe back twice

## **STEP, ¼ PIVOT LEFT, CROSS SHUFFLE R-L-R, ¼ TURN RIGHT, ½ TURN RIGHT, SHUFFLE FORWARD**

- 1,2 Step RF forward, ¼ pivot left (weight on left)
- 3&4 Cross RF over LF, Step LF to left, Cross RF over LF
- 5 Make ¼ turn right stepping forward on RF
- 6 Make ½ turn right stepping forward on RF
- 7&8 Step LF forward, Step RF next to LF, Step LF forward

## **ROCK, RECOVER, R COASTER, ROCK, RECOVER, L COASTER**

- 1,2 Rock RF forward, Recover on LF
- 3&4 Step RF back, Step LF next to RF, Step RF forward
- 5,6 Rock LF forward, Recover on RF
- 7&8 Step LF back, Step RF next to LF, Step LF forward

## **POINT, CROSS, POINT, CROSS, POINT, CROSS, POINT, STEP**

- 1,2 Touch R toe to right, Cross RF over LF
- 3,4 Touch L toe to left, Cross LF over RF
- 5,6 Touch R toe to right, Cross RF over LF
- 7,8 Touch L toe to left, Step LF next to RF

## **MONTEREY ¼ TURN R, R ROCKING CHAIR**

- 1,2 Touch R toe to the right, Make a ¼ turn R bringing RF next to LF
- 3,4 Touch L toe to the left, Step LF next to RF
- 5,6 Rock RF forward, Recover LF
- 7,8 Rock RF back, Recover LF

## **STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, SCUFF**

- 1,2 Step RF forward on a 45 degree, Cross LF behind RF
- 3,4 Step RF on a 45 degree, Scuff LF forward
- 5,6 Step LF forward on a 45 degree, Cross RF behind LF
- 7,8 Step LF forward on a 45 degree, Scuff RF forward

## **JAZZ BOX, STEP, DRAG, STEP, CLAP**

- 1,2 Cross RF over LF, Step LF back

3,4 Step RF slightly right, Cross LF over RF  
5,6 Take a big step to the right with RF, Drag LF next to RF  
7,8 Step down on LF, Clap your hands (weight stays on LF)

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