

One Thing at a Time

COPPER KNOB
STEPSHEETS

Compte: 64

Mur: 4

Niveau: Intermediate



Chorégraphe: Jennifer Miller (USA) - March 2023

Musique: One Thing At A Time - Morgan Wallen : (Album: One Thing at a Time - iTunes)

Intro: 32 (start on vocals)

K-STEP

- 1,2 Step RF Forward on a 45 degree, Touch L next to RF
- 3,4 Step LF back on a 45 degree, Touch RF next to LF
- 5,6 Step RF back on a 45 degree, Touch LF next to RF
- 7,8 Step LF Forward on a 45 degree, Step RF next to LF (Weight on both)

HEEL SPLITS (X2), R HEEL (X2), R TOE (X2)

- 1,2 Split both heels apart, return to center
- 3,4 Split both heels apart, return to center
- 5,6 Touch right heel forward twice
- 7,8 Touch right toe back twice

STEP, ¼ PIVOT LEFT, CROSS SHUFFLE R-L-R, ¼ TURN RIGHT, ½ TURN RIGHT, SHUFFLE FORWARD

- 1,2 Step RF forward, ¼ pivot left (weight on left)
- 3&4 Cross RF over LF, Step LF to left, Cross RF over LF
- 5 Make ¼ turn right stepping forward on RF
- 6 Make ½ turn right stepping forward on RF
- 7&8 Step LF forward, Step RF next to LF, Step LF forward

ROCK, RECOVER, R COASTER, ROCK, RECOVER, L COASTER

- 1,2 Rock RF forward, Recover on LF
- 3&4 Step RF back, Step LF next to RF, Step RF forward
- 5,6 Rock LF forward, Recover on RF
- 7&8 Step LF back, Step RF next to LF, Step LF forward

POINT, CROSS, POINT, CROSS, POINT, CROSS, POINT, STEP

- 1,2 Touch R toe to right, Cross RF over LF
- 3,4 Touch L toe to left, Cross LF over RF
- 5,6 Touch R toe to right, Cross RF over LF
- 7,8 Touch L toe to left, Step LF next to RF

MONTEREY ¼ TURN R, R ROCKING CHAIR

- 1,2 Touch R toe to the right, Make a ¼ turn R bringing RF next to LF
- 3,4 Touch L toe to the left, Step LF next to RF
- 5,6 Rock RF forward, Recover LF
- 7,8 Rock RF back, Recover LF

STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, SCUFF

- 1,2 Step RF forward on a 45 degree, Cross LF behind RF
- 3,4 Step RF on a 45 degree, Scuff LF forward
- 5,6 Step LF forward on a 45 degree, Cross RF behind LF
- 7,8 Step LF forward on a 45 degree, Scuff RF forward

JAZZ BOX, STEP, DRAG, STEP, CLAP

- 1,2 Cross RF over LF, Step LF back

3,4 Step RF slightly right, Cross LF over RF
5,6 Take a big step to the right with RF, Drag LF next to RF
7,8 Step down on LF, Clap your hands (weight stays on LF)
