

Arranca (aka Starts)

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Herman Baso (INA) - May 2023

Musique: Arranca (feat. Omega) - Becky G.



Intro. : 16 Counts

Note. :

- 1x Restart on wall 4 after 16C
- 1x Tag (4C - V step) then Restart on wall 7 after 16C dance

S1# SIDE - TOGETHER - SIDE CHASSE - HEEL GRIND - RECOVER - BACK - RECOVER - HEEL GRIND - RECOVER - BACK

- 1, 2. step RF to side, close LF next to RF
- 3&4. step RF to side, close LF next to RF, step RF to side
- 5&6&. step LF heel fwd with toes move in to out, recover on RF, step LF back, recover on RF
- 7&8. step LF heel fwd with toes move in to out, recover on RF, step LF back

S2# PADDLE TURN - BOTA FOGO (R - L)

- 1, 2. step RF fwd, 1/4 turn Left with hip roll in recover on LF
- 3, 4. step RF fwd, 1/4 turn Left with hip roll in recover on LF
- 5&6. cross RF over LF, step LF to side, recover on RF
- 7&8. cross LF over RF, step RF to side, recover on LF

S3# CROSS TOUCH - SIDE TOUCH - 1/4 DIAMOND TURN - 1/2 PIVOT

- 1, 2. cross touch RF over LF, toe touch LF to side
- 3&4. cross RF over LF, 1/8 turn Right step LF back, step RF back with LF hitch
- 5&6. step LF back, 1/8 turn Right step RF to side, cross LF over RF
- 7, 8. Step RF fwd, 1/2 turn Left weight on LF

S4# CROSS ROCK - RECOVER - 1/4 SHUFFLE TURN - 1/4 PIVOT - CROSS SHUFFLE

- 1, 2. cross RF over LF, recover on LF
- 3&4. step RF to side, close LF next to RF, 1/4 turn Right step RF fwd
- 5, 6. step LF fwd, 1/4 turn Right weight on RF
- 7&8. cross LF over RF. step RF to side, cross LF over RF

TAG (4C)# V STEP

- 1, 2. step RF diagonally forward, step LF diagonally fwd
- 3, 4. step RF back to center, close LF next to RF

Repeat from the start

Let's get sweaty, healthy and happy!

Best Regards

Herman Baso

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