

Pretty Belinda

Compte: 32

Mur: 4

Niveau: High Beginner

Chorégraphe: Kaie Seger (EST) - April 2023

Musique: Pretty Belinda - Dr. Victor & The Rasta Rebels



SHUFFLE R SIDE, SHUFFLE L SIDE, REVERSE ROCKING-CHAIR

- 1 RF Step to the right side
- & LF Step next to RF
- 2 RF Step to the right side
- 3 LF Step to the left side
- & RF Step next to LF
- 4 LF Step to the left side
- 5 RF Rock back
- 6 LF Recover
- 7 RF Rock forward
- 8 LF Recover

SHUFFLE TURN WITH 1/2 R, 1/2 TURN R, ROCK R BACK, RECOVER, STEP R FORWARD, KICK-BALL-STEP

- 9 RF Turn 1/4 R, step to the right side (3.00)
- & LF Step next to RF
- 10 RF Turn 1/4 R, step forward (6.00)
- 11 LF Turn 1/2 R, step back (12.00)
- 12 RF Rock back
- 13 LF Recover
- 14 RF Step forward
- 15 LF Kick forward
- & LF Ball on left
- 16 RF Step forward

STEP ACROSS L, TOUCH R SIDE, STEP ACROSS R, TOUCH L SIDE, STEP BEHIND L, TOUCH R SIDE, COASTER-STEP BACK R

- 17 LF Step across RF
- 18 RF Touch right to right side
- 19 RF Step across LF
- 20 LF Touch left to left side
- 21 LF Step behind RF
- 22 RF Touch (or kick) right to right side
- 23 RF Step back
- & LF Step next to RF
- 24 RF Step forward

Optional: Replace side touches with side kicks

TOE-HEEL STRUT WITH HIPS L, TOE-HEEL STRUT WITH HIPS R, 1/4 TURN R, STEP L ACROSS R, HOLD

- 25 LF Step left toe forward with hip bump left
- 26 LF Drop your left heel
- 27 RF Step right toe forward with hip bump right
- 28 RF Drop your right heel
- 29 LF Step forward
- 30 RF Turn 1/4 R with weight on R (3.00)
- 31 LF Step left across right

There is 1 tag in the dance.

Dance 10 walls in full. On wall 11 (facing 6.00):.....

Dance the first 8 counts, then walk 4 counts with R, L, R, L making a full circle to right and restart the dance (facing 6.00).

DANCE & ENJOY! ☐

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