

# Hälsa Gud

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Anna-Maria Mejlon (SWE) - May 2023

**Musique:** Hälsa Gud - Miss Li



**Intro: 4 counts**

## **Chasse R back rock, Chasse L back rock**

- 1&2 step R to right side, step L next to R, step R to right side
- 3-4 rock back on L recover on to R
- 5&6 step L to left side, step R next to L, step L to left side
- 7-8 rock back on R recover on to L

## **Toe strut toe strut, rocking chair**

- 1-2 R toe fwd, R heel down
- 3-4 L toe fwd, L heel down
- 5-6 rock fwd on R, recover on to L
- 7-8 rock back on R recover on to L

## **Vine to the R touch, vine to the L turning ¼ touch**

- 1-2 step R to R side, step L behind R
- 3-4 step R to right side, touch L next to R
- 5-6 step L to left side, step R behind L
- 7-8 step fwd on L turning ¼ to L side, touch R next to L

## **Side touch side touch, swivel back rock**

- 1-2 step R to right side, touch L next to R
- 3-4 step L to left side, touch R next to L
- 5-6 point heels out and in
- 7-8 rock back with R recover on to L

**Restart: Wall 5 after 8 counts facing 12 ' o clock**

**Hope you like this dance!!**

**Line up, and have fun :)**

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