

Hälsa Gud

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Anna-Maria Mejlon (SWE) - May 2023

Musique: Hälsa Gud - Miss Li



Intro: 4 counts

Chasse R back rock, Chasse L back rock

1&2 step R to right side, step L next to R, step R to right side
3-4 rock back on L recover on to R
5&6 step L to left side, step R next to L, step L to left side
7-8 rock back on R recover on to L

Toe strut toe strut, rocking chair

1-2 R toe fwd, R heel down
3-4 L toe fwd, L heel down
5-6 rock fwd on R, recover on to L
7-8 rock back on R recover on to L

Vine to the R touch, vine to the L turning ¼ touch

1-2 step R to R side, step L behind R
3-4 step R to right side, touch L next to R
5-6 step L to left side, step R behind L
7-8 step fwd on L turning ¼ to L side, touch R next to L

Side touch side touch, swivel back rock

1-2 step R to right side, touch L next to R
3-4 step L to left side, touch R next to L
5-6 point heels out and in
7-8 rock back with R recover on to L

Restart: Wall 5 after 8 counts facing 12 ' o clock

Hope you like this dance!!

Line up, and have fun :)
