

Carrack's Angels

Compte: 64

Mur: 2

Niveau: Beginner/Improver



Chorégraphe: Elaine Collins (SCO) - April 2023

Musique: Watching over Me - Paul Carrack : (Album: Soul Shadows)

Step Point Travelling Forward x 2, Weave to the Left, Point Left Foot to Left Side

- 1,2 Step Right foot forward (1), Point Left foot to Left side (2)
- 3,4 Step Left foot forward (3), Point Right foot to Right side (4)
- 5,6,7 Step Right foot across Left (5), Step Left foot to Left side (6), Step Right foot behind Left foot (7)
- 8 Point Left foot to Left side (8)

Step Point Travelling Backwards x 2, Behind, Side, Cross, Point Right Foot to Right Corner

- 1,2 Step Left foot back (1), Point Right foot to Right side (2)
- 3,4 Step Right foot back (3), Point Left foot to Left side (4)
- 5,6,7 Step Left foot behind Right (5), Step Right foot to Right side (6), Cross Left foot over Right (7)
- 8 Point Right foot forward to Right corner (8) (facing 1.30)

Step Point Diagonally Backward, Step Point Diagonally Forward, Step Behind, Side, Cross, Point

- 1,2 Still facing Right corner - Step Right foot back (1), Point Left foot diagonally back (2)
- 3,4 Step Left foot forward (3), Point Right foot forward to corner (4)
- 5,6,7 Step Right foot behind Left (5), Step Left foot to Left side (6), Cross Right foot over Left (7)
- 8 Point Left foot forward to Left corner (8) (facing 10.30)

Step Point Diagonally Backwards, Step Point Diagonally Forwards, Behind, ¼ turn Right (3 o'clock), Left Lockstep Forward

- 1,2 Still facing Left corner - Step Left foot back (1), Point Right foot diagonally back (2)
- 3,4 Step Right foot forward (3), Point Left foot forward to corner (4)
- 5,6 Step Left foot behind Right (5), Step Right foot forward making ¼ turn (3 o'clock) to the Right (6)
- 7 & 8 Step forward Left foot (7), Lock Right foot behind Left foot (&), Step forward Left foot (8)

Rocking Chair, Right Rock Forward Recover, Right Lockstep Back

- 1,2,3,4 Rock Right foot forward (1), Recover (2), Rock Right foot back (3), Recover (4)
- 5,6 Rock Right foot forward (5), Recover (6)
- 7 & 8 Step back Right foot (7), Lock Left foot in front of Right foot (&), Step back Right foot (8)

Left Rock Back Recover, Rocking Chair, Left Lockstep Forward

- 1,2 Rock Left foot Back (1), Recover (2)
- 3,4,5,6 Rock Left foot Forward (3), Recover (4), Rock Left foot back (5), Recover (6)
- 7 & 8 Step forward Left foot (7), Lock Right foot behind Left foot (&), Step forward Left foot (8)

4 x Paddle Steps turning (total of) ¾ Turn Left

- 1,2 Step Forward Right foot make an 1/8th of a turn Left (1), Rock weight to Left foot (2)
- 3, 4 Step Forward Right foot make an 1/8th of a turn Left (3), Rock weight to Left foot (4)
- 5,6 Step Forward Right foot make a ¼ turn Left (5), Rock weight to Left foot (6)
- 7,8 Step Forward Right foot make a ¼ turn Left (7), Rock weight to Left foot (8)

Cross Rock Recover, Cha Cha Cha x 2

- 1,2 Cross Right foot over Left (1), Recover (2)
- 3 & 4 Step Right foot to the Right (3), Close Left foot to Right (&), Step Right foot to the Right (4)
- 5,6 Cross Left foot over Right (5), Recover (6)
- 7 & 8 Step Left foot to the Left (7), Close Right foot to Left (&), Step Left foot to the Left (8)

Enjoy!

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