

Take A Deep Breath

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Dwight Meessen (NL) - April 2023

Musique: What's Up (feat. Tamara Pérez) (Radio Cut) - Zero : (Single)



Intro 40 counts

Cross Heel Grind, Ball, Cross, Side, Behind, ¼ Turn Right, ½ Pivot Right

- 1-2 RF cross over LF (weight on right heel and toes pointing left), LF step to left side and fan toes from left to right (RF)
- &3-4 RF step beside LF, LF cross over RF, RF step to right side
- 5-6 LF cross behind RF, RF ¼ turn right [3]
- 7-8 LF step forward, L+R ½ turn right [9]

Shuffle ½ R, Behind, Point, Cross Behind, Side, Cross Samba

- 1&2 LF ¼ right step side [12], RF step beside, LF ¼ right step back [3]
- 3-4 RF step back, LF point to left side
- 5-6 LF cross behind RF, RF step to right side
- 7&8 LF cross over RF, RF rock to right side, LF recover

Cross, Side, Cross Shuffle, Side, Together, Shuffle Fwd

- 1-2 RF cross over LF, LF step to left side
- 3&4 RF cross over LF, LF step to left side, RF cross over LF
- 5-6 LF step to left side, RF step beside LF
- 7&8 LF step forward, RF step beside LF, LF step forward

Rock Fwd, Recover, Coaster Step, Rock Fwd, Recover, Back, Point

- 1-2 RF rock forward, LF recover
- 3&4 RF step back, LF step beside RF, RF step forward
- 5-6 LF rock forward, RF recover
- 7-8 LF step back, RF point to right side

Start again
