

# Rita's Waltz (Walker-Rollator)

**COPPER KNOB**  
STEPSHEETS

**Compte:** 24

**Mur:** 4

**Niveau:** Improver - Walker



**Chorégraphe:** Jo Thompson Szymanski (USA) - September 2014

**Musique:** Somebody Loves You - Scooter Lee

ou: Tucson Too Soon - Tracy Byrd

ou: Fields Of Forever - Rick Tippe

ou: Christmas Card - Scooter Lee

ou: I Still Believe - Scooter Lee

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(Originally for her mom, Rita)

(Walker modifications provided, with Choreographer's permission, by A.J. Herbert, [ajluv2dans@gmail.com](mailto:ajluv2dans@gmail.com), Certified Group Exercise Instructor, National Exercise Trainer's Association (NETA), including ABLE Bodies Balance Training, FallProof!, and Fitness Over Fifty.)

## **WALTZ BALANCE FORWARD, BACK, FORWARD, BACK**

1-3 Step L forward (1), Step R beside L (2), Step L in place (3).

4-6 Step R back (4), Step L beside R (5), Step R in place (6).

1-6 Repeat above 6 counts.

## **WALTZ FORWARD BEGINNING 1/4 ARC LEFT, WALTZ BACK**

1-3 Step L forward (1), Step R beside L (2), Step L in place (3).

4-6 Step R forward (4), Step L beside R (5), Step R in place (6).

1-3 Step L back (1), Step R beside L (2), Step L in place (3).

4-6 Step R back (4), Step L beside R (5), Step R in place (6).

**START AGAIN FROM BEGINNING OF DANCE.**

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