

Cola

Compte: 32

Mur: 4

Niveau: High Beginner

Chorégraphe: Bertanyna (INA) - February 2023

Musique: Cola Song (feat. J Balvin) - Inna



***INTRO : 16 counts**

***RESTART On Wall 2 after 16 count**

On Wall 6 after 16 count

***TAG 12 count AFTER wall 11**

#S1# K STEP

- 1-2 Step R diagonal forward to right, Touch L beside R
- 3-4 Step L diagonal backward to left, Touch R beside L
- 5-6 Step R diagonal backward to right, Touch L beside R
- 7-8 Step L diagonal forward to left, Touch R beside L

#S2# (SIDE - TOUCH CROSS BEHIND) RL - SIDE MAMBO (RL)

- 1-2 Step R to side, Cross touch L behind R
- 3-4 Step L to side, Cross touch R behind L
- 5&6 Step R to side, step L in place, Close R together
- 7&8 Step L to side, step R in place, Close L together

#S3# WALK WITH BOUNCE (RLR LRL) - CLOSE - HIP BUMP (RLRL)

- 1 a 2 Step R forward, Ball of L slightly behind R, Recovered on R
- 3 a 4 Step L forward, Ball of R slightly behind L, Recovered on L
- 5-6 Close R together with Hip bump to right, Hip bump to left
- 7-8 Hip bump to right, Hip bump to left

#S4# WALK BACK (RLR) - CLOSE - FORWARD - HOLD - TURN 3/4 LEFT - FORWARD - HOLD

- 1-2 Step R back, Step L back
- 3-4 Step R back, Step L back
- 5-6 Step R forward , Hold
- 7-8 Turn 3/4 to left Step L forward , Hold (facing 3.00)

-TAG -

#SESI # V STEP (2X)

- 1-2 Step R diagonal forward to right, Step L diagonal forward to left
- 3-4 Step R back to centre, Close L together
- 5-6 Step R diagonal forward to right, Step L diagonal forward to left
- 7-8 Step R back to centre, Close L together

#SESI2# SIDE (R,L) - HIP ROLL

- 1-2 Step R to side, Step L to side
- 3-4 Rolling Hip to Right

Enjoy for Dancing

***Contact person : nynaeri2@gmail.com**