

Cinta Rasul

Compte: 64

Mur: 2

Niveau: Phrased Improver



Chorégraphe: Tita Mulyani (INA) - March 2023

Musique: Rahmatun Lil'Alameen - Maher Zain

Start Dance on Vocal - 3 Tags - 2 Restarts

Sequence : A - A(16) ↯ B - B - A - A(16) ↯ B - B - Tag - C - C - C - Tag - B - B - B - B - Tag

Part A : 32 Counts

SEC 1 : STEP FORWARD R,L – STEP SIDE – BACK WALK – STEP SIDE – CLOSE – STEP FORWARD – PIVOT ¼ TURN LEFT

1 2 Step forward R, L
3&4 Step R to side, Step back on L, Step back on R
5&6 Step L to side, Close R together L, Step L forward
7 8 Step R forward, ¼ turn left step L in place

SEC 2 : CROSS SHUFFLE – SIDE ROCK – RECOVER – CROSS SHUFFLE – PIVOT ¼ TURN LEFT

1&2 Cross R over L, Step L to side, Cross R over L
3 4 Rock L to side, Recover on R
5&6 Cross L over R, Step R to side, Cross L over R
7 8 Step R forward, ¼ turn left step L in place

SEC 3 : CROSS TOUCH (R,L) – ROCKIN CHAIR

1 2 Cross R over L, Touch L to left side
3 4 Cross L over R, Touch R to right side
5 6 Rock R forward, Recover on L
7 8 Rock R back, Recover on L

SEC 4 : SIDE MAMBO (R,L) – JAZZ BOX

1&2 Rock R to right side, Recover on L, Close R together L
3&4 Rock L to left side, Recover on R, Close L together R
5 6 Cross R over L, Step L back
7 8 Step R to side, Step L forward

Part B : 16 Counts

SEC 1 : CROSS OVER – RECOVER – CHASSEE – (R,L)

1 2 Cross R over L, Recover on L
3&4 Step R to right side, Close L together R, Step R to right side
5 6 Cross L over R, Recover on R
7&8 Step L to left side, Close R together L, Step L to left side

SEC 2 : SYNCOPHATED WEAVE – PIVOT ½ TURN LEFT – ROCKIN CHAIR

1&2& Cross R over L, Step L to side, R cross behind L, Step L to side
3 4 Step R forward, ½ turn left recover on L
5 6 Rock R forward, Recover on L
7 8 Rock R back, Recover on L

Part C : 16 Counts

SEC 1 : DIAGONAL WALK FORWARD – WALK BACK TO CENTRE WITH SWEEP – CLOSE

1 2 1/8 turn right step R forward, Step L forward
3 4 Rock R forward, Recover on L
5 6 Step R back and sweep L, Step L back and sweep R

7 8 Step R back to centre, Close L together R

SEC 2 : DIAGONAL WALK FORWARD – WALK BACK TO CENTRE WITH SWEEP – CLOSE

1 2 1/8 turn left step R forward, Step L forward

3 4 Rock R forward, Recover on L

5 6 Step R back and sweep L, Step L back and sweep R

7 8 Step R back to centre, Close L together R

TAG : 16 Counts

SEC 1 : STEP SIDE – HOLD – CROSS BEHIND – RECOVER – (R,L)

1 2 Big step on R to side, Hold

3 4 L cross behind R, Recover on R

5 6 Big step on L to side, Hold

7 8 R cross behind L, Recover on L

SEC 2 : PADDLE FULL TURN

1 2 Step R forward, ¼ turn left recover on L

3 4 Step R forward, ¼ turn left recover on L

5 6 Step R forward, ¼ turn left recover on L

7 8 Step R forward, ¼ turn left recover on L

Enjoy the Dance

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