

Lakha Mei Ek

Compte: 32

Mur: 4

Niveau: High Beginner

Chorégraphe: Juli Santoso Pikir (INA) - February 2023

Musique: Lakha Mei Ek - Somvir Kathurwal



Sequence : Intro - Tag - (S-1, S-2) - Tag - (S-1, S-2, S-3) - Tag - (S-1, S-2, S-3, S-4) (S-1, S-2) - Tag - (S-1, S-2, S-3) - Tag - (S-1, S-2, S-3, S-4) (S-1, S-2) - Tag - (S-1, S-2, S-3, S-4) - (S-1, S-2)

INTRO :

1 2 3 4 Step RF to side - Hold - Close LF beside RF - Hold
5 6 7 8 Step LF to side - Close RF beside LF
1 2 3 4 Step RF forward - Hold - Close LF beside RF - Hold
5 6 7 8 Step RF back - Hold - Close LF beside RF - Hold

S-1. SHUFFLE R-L, 1/8 DIAMOND TURN L - BACK - 1/8 TURN L SIDE - FORWARD

1&2 Step RF forward - Close LF together - Step RF forward
3&4 Step LF forward - Close RF together - Step LF forward
5&6 Step RF Cross Over LF - Step LF Back Diagonally (01.30) - Step RF Back with Hitch Knee Up on LF
7&8 Step LF back - Step RF to side - Step LF forward (03.00)

S-2. CROSS SAMBA (TO L-R), ANCHOR (TO R-L)

1a2 Cross RF over LF - Step rock LF to side - Recover on RF
3a4 Cross LF over RF - Step rock RF to side - Recover on LF
5&6 Step RF behind LF - In place on LF - In place on RF
7&8 Step LF behind RF - In place on RF - In place on LF

S-3. CROSS SHUFFLE - ¼ TURN L SHUFFLE, PIVOT ½ TURN R - FORWARD R-L

1&2 Step RF Cross Over LF - Step LF to side - Step RF Cross Over LF
3&4 ¼ Turn L Step LF forward - Close RF together - Step LF forward (12.00)
5 6 7 8 Step RF forward - ½ Turn L In place on LF - Step RF forward - Step LF forward (06.00)

S-4. VOLTA ¾ TURN R-L

1a2a3a4 ¾ Turn R, Crossing RF over LF - Step on ball of LF Slightly behind RF - Crossing RF over LF - Step on ball of LF Slightly behind RF - Crossing RF over LF - Step on ball of LF Slightly behind RF - Crossing RF over LF (12.00)
5a6a7a8 ¾ Turn L, Crossing LF over RF - Step on ball of RF Slightly behind LF - Crossing LF over RF - Step on ball of RF Slightly behind LF - Crossing LF over RF - Step on ball of RF Slightly behind LF - Crossing LF over RF (06.00)

Tag : JAZZ BOX

1 2 3 4 Cross RF over LF - Step LF back - Step RF to side - Close LF beside RF

Happy Dance :

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Last Update - 29 Mar. 2023 - R1