

Put Down (放下)

Compte: 32

Mur: 2

Niveau: Intermediate - Rolling 8 count



Chorégraphe: Janet (Zhen Zhen) Ge (CN)

Musique: Fang Xia (放下) - Chen Rui (陳瑞)

No Tag and 1 Restart

Intro: 16 counts

Section 1: Twinkle, Cross, Reverse Twinkle, Back\Sweep, 1/4 Turn Sailor Step, 1/2 Turn Back Shuffle, Back/Drag, Forward/1/4 Turn Hitch

- 1&a2 Cross right over left, rock left to side, recover on right, cross rock left over right
3&a4 Recover on right, rock left to side, step right to side, step left back sweeping right front to back
5&a 1/4 Turn R stepping right back, step left to side, step right forward (3:00)
6&a 1/4 Turn R stepping left to side, cross right over left, 1/4 turn R stepping left back (9:00)
78 Step right back drag left close to right, step left forward and 1/4 turn L hitching right (6:00)

Section 2: Cross, Weave Step, Sway (x2), 1/4 Turn Forward, 1/2 Turn Back, Rock, Full Turn/Sweep,

- 12&a Cross right over left, step left back, step right to side, cross left over right,
34 Step right to side with sway R, sway L
5a6 1/4 Turn R stepping right forward, 1/2 turn R stepping left back, rock right back (3:00)
7a8 Recover on left, 1/2 turn L stepping right back, 1/2 turn L stepping left forward sweep right back to front (3:00)

Restart – Wall 6*

Section 3: Weave Step, 1/8 Turn Rock, 1/2 Turn Forward Shuffle, 1/2 Turn Back, Rock, 1/4 Turn Side, Rock

- 1a2a Cross right over left, step left to side, cross right behind left, step left to side
34&a 1/8 Turn L rocking right forward, recover on left (1:30), 1/2 turn R stepping right forward, step left together (7:30)
5a6 Step right forward, 1/2 turn R stepping left back, rock right back (1:30)
7a8 Recover on left, 1/4 turn L stepping right to side, rock left back (10:30)

Section 4: Recover, 1/2 Turn Back, Rock, Full Turn, Twinkle, 1/8 Turn Cross- Side-Behind/Sweep, Behind, Side

- 1a2 Recover on right, 1/2 turn R stepping left back, rock right back (4:30)
3a4 Recover on left, 1/2 turn L stepping right back, 1/2 turn L stepping left forward sweeping right from back to front (4:30)
5&a Cross right over left, 1/8 turn R rocking left to side, recover on right (6:00)
6a7 Cross left over right, step right to side, cross left behind right sweeping right from front to back
8&a Cross right behind left, step left to side, drag right close to left (body toward diagonal L slightly)

Restart* : After 16 counts on wall 6, 1/4 turn R facing to 12:00 restart.

Contact Email: 93806188@qq.com