

# Dance to my HEARTBEAT

**COPPERKNOB**  
BY STEPHEN

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Val Saari (CAN) - February 2023

**Musique:** Dance To My Heartbeat - Chaël & Mougleta



**Intro: 32 counts - Begin on the word "lights"**

## **TOE-STRUTS FORWARD RLRL**

- 1-2 Touch RF toes forward, Drop heel
- 3-4 Touch LF toes forward, Drop heel
- 5-6 Touch RF toes forward, Drop heel
- 7-8 Touch LF toes forward, Drop heel

## **POINT CROSSES BACK RL, MONTEREY 1/4 TURN R, POINT L,**

- 1-2 RF point to right side, RF step back behind L
- 3-4 LF point to left side, LF step back behind R
- 5-6 Point RF toes to right side, 1/4 turn right step RF together (3:00)
- 7-8 Point LF to L side, Step LF beside R

## **RF ROCK/RECOVER, RF TOE-STRUT 1/2 R, LF TOE-STRUT 1/2 R, RF ROCK BACK/RECOVER**

- 1-2 Rock RF forward, Recover LF
- 3-4 RF toe-strut 1/2 turn R (9:00)
- 5-6 LF toe-strut 1/2 turn R (3:00)
- 7-8 RF Rock back, LF Recover

## **RF MODIFIED SCISSORS CROSS, LINDY LEFT**

- 1-2 RF Large Step R, Drag LF together
- 3-4 Touch RF toes across L, Step RF heel down
- 5&6 Shuffle left, LRL
- 7-8 Rock back on RF, Recover on LF

**No tags, no restarts**

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