

# My Rock

**COPPER KNOB**  
STEPSHEETS

**Compte:** 32

**Mur:** 4

**Niveau:** Absolute Beginner



**Chorégraphe:** Helaine Norman (USA) - February 2023

**Musique:** I Go to the Rock - Scooter Lee

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**Intro: Vocal - No tags or restarts**

## I. K-STEP

- 1-2 Step R diagonally, touch L together
- 3-4 Return L back diagonally, touch R together
- 5-6 Step R back diagonally, touch L together
- 5-8 Return L diagonally forward, touch R together

## II. ROCKING CHAIR; SIDE, TOUCH, SIDE TOUCH

- 1-2 Rock R forward, recover to L
- 3-4 Rock R back, recover to L
- 5-6 Step R side, touch L together
- 7-8 Step L side, touch R together

## III. ROCKING CHAIR; SIDE, TOUCH, SIDE TOUCH

- 1-2 Rock R forward, recover to L
- 3-4 Rock R back, recover to L
- 5-6 Step R side, touch L together
- 7-8 Step L side, touch R together

## IV. JAZZ BOX ¼ R TURN

- 1-2 Step R over, hold
- 3-4 Step L back, hold
- 5-6 Step R side making ¼ turn right, hold
- 7-8 Step L together, hold

**Optional 1-8: Jazz box 1/4 L turn (3:00); jazz box in place**

**Optional styling: TOE STRUTS: Touch toe and drop heel in place of each step, hold**

**REPEAT**

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