

Rhythm Is a Dancer

Compte: 52

Mur: 2

Niveau: Phrased Improver



Chorégraphe: Conny Cleo (INA) - February 2023

Musique: Rhythm Is a Dancer (Happy Electro Mix) - Dua Lipa Vs Snap

Sequence : ABB AAA AAA BBB

Change Step & Restart : Part A :

On Wall 3 - 7 (After Section 2)

On Wall 8 (5 count only)

Part A : 20c

Section I BACK – SWEEP – SAILOR STEP R - PIVOT ½ R – BODY ROLL

- 1 – 2 Step RF Back, Sweep LF Back
- 3 – 4 Sweep RF behind LF (turn R), Step LF Beside RF, Step RF FWD
- 5 – 6 Step LF FWD, Step RF In Place (turn ½ R), Step LF FWD
- 7 – 8 Body Roll

Section II CROSS SIDE SWEEP – SAILOR STEP L – PIVOT ¼ - SWAY

- 1 & Cross RF Over LF, Step LF to Side, Step RF behind LF
- 3 & 4 Sweep LF behind RF (turn L), Step RF beside LF, Step LF FWD
- 5 – 6 Step RF FWD ½ turn L, Step RF to side swing hip to R
- 7 Swing Hip to L
- 8 & Cross RF Over LF, Recover

Section III SIDE – CROSS – RECOVER

- 1 – 2& Step RF to R, Cross LF Over RF, Recover
- 3 – 4& Step LF to L, Cross RF Over LF, Recover

Part B : 32c

SI : Hip – Sway – Hip Bump

- 1 – 2 Swing Hip to R – L
- 3 & 4 Push R hip to R – L – R
- 5 – 6 Swing Hip to L – R
- 7 & 8 Push L Hip to L – R – L

SII : Lindy R – Lindy L Pivot ¼

- 1 & 2 Step RF to R, Step LF beside RF, Step RF to R
- 3 – 4 Rock Back on LF, recover on RF
- 5 & 6 Step LF to L, Step RF beside LF, Step LF to L
- 7 – 8 Rock Back on RF, Recover on LF

SIII : Out Out – Triple Step (Shimmy Shoulder)

- 1 – 2 Step RF to R Diagonal FWD
- 3 & 4 Step RF back, Step LF Next To RF, Step RF in Place
- 5 – 6 Step LF to L Diagonal FWD
- 7 & 8 Step LF Back, Step RF Next to LF, Step LF in Place

SIV : Lindy L – Lindy R Pivot ¼

- 1 & 2 Step LF to L, Step RF beside LF, Step LF to L
- 3 – 4 Rock Back On RF, recover on LF
- 5 & 6 Step RF to R, Step LF Beside RF, Step LF To L
- 7 – 8 Rock Back on LF, Recover on LF

CHANGE STEP : SIDE – PIVOT ½ -FWD

1 – 2 & 3 Step RF to R, Step LF ½ turn R, step RF in place, Rock LF FWD

For More Info Contact : Connygisella72@gmail.com
