

# Groovin' Forever

**COPPER** KNOB  
STEPSHEETS

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Bracken Heidenreich (USA) - January 2023

**Musique:** So Strong - Olivier Bibeau : (Album: Stereoscopic: Songs Vol. 1)



**Intro: 16 counts**

## **SECTION 1: SIDE ROCK, BACK ROCK, WALK, WALK, TRIPLE FORWARD**

1,2 Rock Right side; Recover on Left in place  
3,4 Rock Right back; Recover on Left in place  
5,6 Walk forward Right, Left  
7&8 Step Right forward; Close Left next to right; Step Right forward

## **SECTION 2: JAZZ BOX QUARTER LEFT w/ TOUCH, HIP BUMPS 4X**

1,2 Step Left across (in front of) right; 1/4 turn left to step Right back (9:00)  
3,4 Step Left to side; Touch Right next to left  
5,6 Step Right to side bumping hips right; Bump hips left  
7,8 Bump hips right; Bump hips left (end with weight on Left)

## **SECTION 3: CROSS ROCK, TRIPLE SIDE, CROSS ROCK, 1/4 TRIPLE FORWARD**

1,2 Rock Right across left; Recover on Left in place  
3&4 Step Right to right side; Close Left next to right; Step Right to right side  
5,6 Rock Left across right; Recover on Right in place  
7&8 1/4 turn left to step Left forward; Close Right next to left; Step Left forward (6:00)

## **SECTION 4: STEP, POINT, STEP, POINT, JAZZ QUARTER RIGHT w/ CROSS**

1,2 Step Right forward; Point Left to side  
3,4 Step Left forward; Point Right to side  
5,6 Step Right across (in front of) left; 1/4 turn right to step Left back (9:00)  
7,8 Step Right to right side; Step Left across (in front of) right

**END OF DANCE**

**\*After wall 2, begin dance by stepping Right to right side (beginning of the side rock), then hold 1 count, and restart with the side rock. The music absolutely stops at this point.**

**Stepsheet 01/30/2023**

**Last Update: 31 Jan 2023**

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