

# Shag Rock

**Compte:** 32

**Mur:** 4

**Niveau:** Low Intermediate

**Chorégraphe:** Dick Rogers (USA) & Nancy Rogers (USA) - January 2023

**Musique:** Don't Play That Song - Bruce Springsteen



**Other Music:** Lovey Dovey (Delbert McClinton [102 bpm]; any shag-suitable music)

**Note:** No tags or restarts. Can be adapted as a partner Shag with only a few modifications.

**Starting position:** Facing 12:00 wall with weight on RF.

## [1-6] STEP SIDE, CROSS POINT, HOOK, POINT FORWARD, STEP BACK, ROCK BACK, RECOVER

- 1-2 Step LF to L turning slightly L (1), point R toe across LF (2)  
& Hook RF across L shin (&)  
3-4 Turn slightly R and point R toe forward (3), step RF slightly back (4)  
5-6 Rock back on LF (5), recover on RF (6)

**Variation:** Replace 5-6 with &5&6 (rock back, recover, rock back, recover).

## [7-12] 1/2 R TURNING SHUFFLE, CUBAN BREAK, COASTER STEP

- 1&2 Turn 1/4 R and step LF to L (1), step RF beside LF (&), turn 1/4 R and step LF back slightly (2)  
3& Cross rock on RF (3), recover on LF (&)  
4& Side rock on RF to R (4), recover on LF (&)  
5&6 Coaster step: Small step back on RF (5), step LF beside RF (&), step forward on RF (6)

## [13-18] HEEL GRIND, STEP BACK, BACK COASTER, HEEL GRIND, ROCK BACK, RECOVER

- &1 Small step forward on L heel with toe turned in (&), push off L heel and turn L toe out and step back on RF (1)  
2 Step LF back slightly (2)  
3&4 Coaster step back: Small step back on RF (3), step LF beside RF (&), step RF forward (4)  
&5 Small step forward on L heel with toe turned in (&), push off L heel turning toe out and step back on RF (5)  
&6 Rock back on LF (&), recover on RF (6)

## [19-24] STEP FORWARD, POINT DIAGONAL FORWARD, BEHIND, SIDE, CROSS, POINT, BALL, SIDE

- 1-2 Prep step: Step forward on LF (1), point R toe diagonal forward with toe turned out (2)  
3&4 Step RF behind LF (3), swivel 1/8 L on ball of RF and step LF to L (&), swivel 1/8 L and cross RF over LF (4)  
5&6 Point L toe forward with toe turned out (5), step on ball of LF beside RF (&), small step R on RF (6)

**Note:** End facing 9:00 wall.

## [25-32] VOLTAS R, HITCH AND 1/2 TURN R, CROSS, HITCH, VOLTAS R, HITCH AND 1/2 TURN R, VOLTAS L

- 1&2 Cross LF over RF (1), slide RF behind LF (&), cross LF over RF (2)  
& Hitch R knee and turn 1/2 R (&)  
3-4 Cross RF over LF (3), hitch L knee and swivel hips R to change direction of travel (4)  
5&6 Cross LF over RF (5), slide RF behind LF (&), cross LF over RF (6)  
& Hitch R knee and turn 1/2 R (&)  
7&8 Cross RF over LF (7), slide LF behind RF (&), cross RF over LF (8)

## START OVER

**Contact:** wildwoodlabs at gmail dot com

