

# Better Then

**Compte:** 16

**Mur:** 4

**Niveau:** Easy Improver NC

**Chorégraphe:** Nathalie Damar (LUX/FR) - January 2023

**Musique:** Better Then - Don Louis



**Intro 32 counts – Start on lyrics**

**ROCK, RECOVER, BACK, BACK, TOGETHER, STEP LOCK STEP - MAMBO STEP, SAILOR TURN ¼**

- 1 R Foot Step (or Press) fwd (1)
- 2& Recover on L (2), Step back R (&)
- 3& Step back L (3), Step R next to L (&)
- 4&5 Step L fwd (4), Lock R behind (&), Step L fwd (5)
- 6&7 Rock R fwd (6), Recover on L (&), Step back R (7) sweeping L from front to back
- 8&1 Turn ¼ L and Cross L behind R (8), Step R foot to right side (&), Recover on L foot (1) 9:00

**STEP ½ TURN STEP – STEP ½ TURN STEP – WEAWE TO R, SIDE ROCK, RECOVER**

- 2&3 Step R foot fwd (2), Pivot ½ Turn to left (&), Step R foot fwd (3) 3:00
- 4&5 Step L foot fwd (4), Pivot ½ Turn to right (&), Step L foot fwd (5) 9:00
- 6&7&8 Step R to right (6), Cross L behind (&), Step R to right (7), Cross L over R (&)
- 8& (1) Rock R to right with Sway (8), Recover on to L foot with Sway (&)

**START AGAIN!**

**NO TAGS! NO RESTARTS!**

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