

Goin' To Carolina

COPPER KNOB
STEPSHEETS

Compte: 32

Mur: 4

Niveau: Absolute Beginner / Beginner



Chorégraphe: Helaine Norman (USA) - January 2023

Musique: Carolina (feat. Lucius) - Lukas Nelson & Promise of the Real

Intro: 32

I. BACK TOE STRUT X2; BACK ROCK RECOVER, FORWARD SHUFFLE

- 1-2 Touch R toe back, drop R heel
- 3-4 Touch L toe back, drop L heel
- 5-6 Rock R back, recover to L
- 7&8 Step R forward, step L together, step R forward

II. FORWARD TOE STRUT X2; FORWARD ROCK RECOVER, BACK COASTER

- 1-2 Touch L toe forward, drop L heel
- 3-4 Touch R toe forward, drop R heel
- 5-6 Rock L forward, recover to R
- 7&8 Step L back, step R together, step L forward

Optional styling for 1-4: With hip bumps

Optional for 7&8 for Absolute Beginner Level: 7-8: Rock L back, hold

III. ¼ R TURN JAZZ BOX; LINDY

- 1-2 Step R over, step L back
- 3-4 Step R side making ¼ turn right, step L over (3:00)
- 5&6 Step R side, step L together, step R side
- 7-8 Rock L behind, recover to R

IV. SIDE, HOLD, TOGETHER, SIDE, TOGETHER; LINDY

- 1-2 Step L side, hold
- &3-4 Step R together, step L side, step R together
- 5&6 Step L side, step R together, step L side
- 7-8 Rock R behind, recover to L

Optional for 1-4 for Absolute Beginner Level:

LEFT 4-COUNT VINE:

- 1-4 Step L side, step R behind, step L side, step R over

Or

STEP TOGETHER X2

- 1-2 Step L side, step R together
- 3-4 Step L side, step R together

REPEAT

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Last Update: 6 Feb 2023