

Hold Against Me

Compte: 64

Mur: 1

Niveau: Beginner

Chorégraphe: Yola Ireneous (INA) & Wenarika Josephine (INA) - January 2023

Musique: If I Said You Had a Beautiful Body - The Bellamy Brothers



Intro : 8 counts // NO TAG NO RESTART

Sect 1 : DIGONAL FORWARD & BACK SWAY

1 – 4 Step R diag forward and sway fwd – back – fwd – back
5 – 8 Step R diag back and sway back – fwd – back – fwd

Sect 2 : WEAVE , TOUCH , JAZZ BOX

1 – 4 Cross R over L – L to side – R behind L – touch L to side
5 – 8 Cross L over R – step R back – L to side – R forward

Sect 3 : DIGONAL FORWARD & BACK SWAY

1 – 4 Step L diag forward and sway fwd – back – fwd – back
5 – 8 Step L diag back and sway back – fwd – back – fwd

Sect 4 : WEAVE , TOUCH , JAZZ BOX

1 – 4 Cross L over R – R to side – L behind R – touch R to side
5 – 8 Cross R over L – step L back – R to side – L forward

Sect 5 : FWD ROCK , ¼ RIGHT SHUFFLE , CROSS , SIDE TOUCH

1 – 2 Rock R forward – recover on L
3 & 4 Turn ¼ right R to side – L beside R – R to side (3.00)
5 – 8 Cross L over R – touch R to side – cross R over L – touch L to side

Sect 6 : PIVOT ¼ RIGHT , FWD SHUFFLE , ROCKING CHAIR

1 – 2 Rock L fwd – turn ¼ right recover on R (6.00)
3 & 4 Forward shuffle on L-R-L
5 – 8 Rock R fwd – recv on L – rock R back – recvr on L

Sect 7 : FWD ROCK , ¼ RIGHT SHUFFLE , CROSS , SIDE TOUCH

1 – 2 Rock R forward – recover on L
3 & 4 Turn ¼ right R to side – L beside R – R to side (9.00)
5 – 8 Cross L over R – touch R to side – cross R over L – touch L to side

Sect 8 : PIVOT ¼ RIGHT , FWD SHUFFLE , ROCKING CHAIR

1 – 2 Rock L fwd – turn ¼ right recover on R (12.00)
3 & 4 Forward shuffle on L-R-L
5 – 8 Rock R fwd – recv on L – rock R back – recvr on L

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