

Seberkas Sinar



Compte: 32

Mur: 2

Niveau: Easy Intermediate

Chorégraphe: Ayek Lesmana (INA) - December 2022

Musique: Seberkas Sinar - Yan Joshua & Rusdi



Start on vocal

I. BACK ROCK – RECOVER – FORWARD STEP - 1/4 TURN LEFT – FORWARD STEP – SWEEP – CROSS OVER – SIDE STEP - BACK STEP – SWEEP –CROSS BEHIND – SIDE STEP – 1/8 TURN RIGHT – PIVOT 1/2 TURN RIGHT – SPIRAL TURN

- 1 - 2& Rock R back (1), Recover on L (2), Step R forward (&)
- 3 – 4& Turn 1/4 left Step L forward Sweep R (3), Cross R over L (4), Step L to side (&)
- 5 – 6& Step R back Sweep L (5), Cross L behind R (6), Step R to side (&)
- 7&8 Turn 1/8 right Step L forward (7), Turn 1/2 right Step R in place (&), Step L slightly forward
Spiral full turn right (8) .. (4:30)

II. FORWARD STEP - ROCK – RECOVER – BACK STEP – ROCK – RECOVER – 1/8 TURN LEFT – BASIC NIGHT CLUB – 1/4 TURN LEFT – FORWARD STEP – 1/4 TURN LEFT – SIDE STEP – CROSS OVER

- 1 - 2& Step R forward (1), Rock L forward (2), Recover on R (&) (4:30)
- 3 – 4& Step L back (3), Rock R back (4), Recover on L (&)
- 5 – 6& Turn 1/8 left Step R to side (5), Close L slightly behind R (6), Cross R over L (&)
- 7 – 8& Turn 1/4 left Step L forward (7), Turn 1/4 left Step R to side (8), Cross L over R (&) (9:00)

* Step Change & Restart Here (On Wall 3, 7, 9)

(8&) : Turn 1/4 left Step R to side (8), Cross L over R (&) Change To Rock R forward (8), Recover on L (&) ... Then RESTART

III. BASIC NIGHT CLUB – 1/4 TURN LEFT – FORWARD STEP – SWEEP - WALK WITH SWEEP – CROSS ROCK – RECOVER – SIDE ROCK – RECOVER – CROSS BEHIND - RECOVER

- 1 - 2& Step R to side (1), Close L slightly behind R (2), Cross R over L (&)
- 3 – 4 Turn 1/4 left Step L forward Sweep R (3), Step R forward Sweep L (4)
- 5 – 6& Step L forward Sweep R (5), Cross rock R over L (6), Recover on L (&)
- 7&8& Rock R to side (7), Recover on L (&), Cross R behind L (8), Recover on L (&)

* Restart Here (On Wall 5)

IV. SIDE STEP – CROSS BEHIND – SIDE STEP – CROSS OVER – RECOVER – 1/4 TURN LEFT – FORWARD STEP – PIVOT 3/4 TURN LEFT - SWAY

- 1 - 2& Step R to side (1), Cross L behind R (2), Step R to side (&) (6:00)
- 3 – 4& Cross L over R (3), Recover on R (4), Turn 1/4 left Step L forward (&)
- 5 – 6 Step R forward (5), Turn 3/4 left Step L in place (6)
- 7 - 8 Sway R (7), Sway L (8)

*Step Change & Restart : On Wall 3, 7, 9 after 15 count

(8&) : Turn 1/4 left Step R to side (8), Cross L over R (&) Change To Rock R forward (8), Recover on L (&) ... Then RESTART

*Restart : On Wall 5 After 24 Count

Enjoy the dance ...

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