

Lady (淑女)

Compte: 36

Mur: 2

Niveau: Improver Waltz



Chorégraphe: Mindy Wen (AUS) - December 2022

Musique: Slow Waltz-Lady-MESSAGGI Live presenta... Danze Standard Songs

Facing wall 1 (12:00) Start the dance at the first word "Lady"
Restart after 18 counts of 4th sequence Facing wall 2(6:00)
Restart after 18 counts of 8th sequence Facing wall 1 (12:00)

Section1: Back RF Waltz Box, LF Reverse 1/4 Turn Right Waltz Box

1 2 3 Step RF back, step LF to side, step RF together
4 5 6 1/4 Turn right and step LF back, Step RF to side Facing 3:00, step LF together.

Section2: RF 3/4 Turn Right, LF Forward Waltz Box.

1 2 3 Make 1/4 turning right & Step R forward Facing 6:00, step LF forward & make pivot 1/2 turn right Facing 12:00.
4 5 6 Step LF forward, Step RF to side, Step LF together.

Section3: RF & LF Behind Twinkle

1 2 3 Cross RF behind LF, step LF to side, step RF to LF back slightly.
4 5 6 Cross LF behind RF, step RF to side, step LF together

Section4: RF Whisk, LF Chasse

1 2 3 Step RF back, step LF to side, Step RF slightly back. (Angle body slightly right)
4 5&6 Cross LF over RF, step RF to side, step LF together, step RF to side. (Weight on RF)

Section5: LF Twinkle, RF Chasse

1 2 3 Cross LF-over RF, step RF to side, step LF in place (angle body slightly left)
4 5&6 Cross RF over LF, step LF to side, step RF together, step LF to side. (Weight on LF)

Section6: RF Twinkle & 1/2 Turn Right, LF forward Waltz Box

1 2 3 Cross RF over LF, 1/4 turn right step LF back, 1/4 turn right step RF to side
4 5 6 Step LF forward, Step RF to side, Step LF together

End of the dance facing wall 1. Turning to your audiences

Happy New Year 2023!

ENJOY THE DANCE

For more information,

Please contact me on: modernlinedancinginc@gmail.com

Last Update: 9 Jun 2023