

# Please Help Me I'm Falling

**COPPER** **KNOB**  
BY STEPHENETS

**Compte:** 32

**Mur:** 4

**Niveau:** Absolute Beginner



**Chorégraphe:** Pat Mari (INA) - December 2022

**Musique:** Please Help Me, I'm Falling - Hank Locklin  
ou: Please Help Me I'm Falling - Tantowi Yahya

## DANCE STARTS ON VOCALS

### I GRAPEVINE RIGHT - TOUCH - GRAPEVINE LEFT - TOUCH

- 1 - 2 Step RF to right side, step LF behind RF
- 3 - 4 Step RF to right side, touch LF next to RF
- 5 - 6 Step LF to left side, step RF behind LF
- 7 - 8 Step LF to left side, touch RF next to LF

### II RUMBA BOX

- 1-2 Step RF to side, close LF beside RF
- 3-4 Step RF forward, touch LF beside RF
- 5-6 Step LF to side, close RF beside LF
- 7-8 Step LF back , touch RF beside LF

### III ROCKING CHAIR , CROSS, POINT

- 1 - 2 Rock RF forward, recover on LF
- 3 -4 Rock RF back , recover on LF
- 5 - 6 Cross RF over LF , point LF to side
- 7 - 8 Cross LF over RF, point RF to side

### IV JAZZ BOX ¼ TURN , TOE STRUT

- 1 - 2 Cross RF over LF, ¼ turn R, step LF back
- 3 4 Step RF to right side, step LF slightly forward
- 5 - 6 Touch R Toe fwd, Drop R Heel in place
- 7 - 8 Touch L Toe fwd, Drop L Heel in place

Enjoy The Dance ☐☐

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