

Alek RaK MiNANG

Compte: 64

Mur: 4

Niveau: High Beginner

Chorégraphe: Andrico Yusran (INA) & Vivi Octaviani (INA) - November 2022

Musique: Lagu Minang Terbaru 2022 Vivi Octaviani [Alek Rang Minang]



Restart : On wall 7 after 16 counts

Start dance after intro music 16 counts

INTRO DANCE [32c]

iS1# *WALK - WALK - SHUFFLE 3/4 TURN R [circle]*

1-2 Step R - L walk forward
3&4 R forward 1/4 turn to R , L close beside R , R 1/4 turn to R
5&6 L forward , R close beside L , R forward
7&8 R 1/4 turn to R , L close beside R , R 1/4 turn to R [12.00]

iS2# *WALK - WALK - SHUFFLE 3/4 TURN L [circle]*

1-2 Step L - R walk forward
3&4 L forward 1/4 turn to L , R close beside L , L 1/4 turn to L
5&6 R forward , L close beside R , L forward
7&8 L 1/4 turn to L , R close beside L , L 1/4 turn to L [12.00]

iS3# *CROSS - SIDE - CROSS - SIDE TOUCH [L-R]*

1-4 Step R cross over L , L side , R cross over L , L side touch
5-8 L cross over R , R side , L cross over R , R side touch

iS4# *WALK - WALK - HITCH - BACK LOCK SHUFFLE - BACK ROCK*

1-4 Step R - L - R walk forward , L knee up
5&6 L back , R back cross over L , L back
7-8 R back , recover on L [weight on L]

MAIN DANCE [32c]

S1# *SIDE CHASSE DIAGONAL [L-R] - JAZZ BOX 1/4 TURN R*

1&2 Step R side diagonal to L , L close beside R , R to side [10.30]
3&4 L side diagonal to R , R close beside L , L to side [1.30]
5-8 R cross over L , L 1/4 turn to R , R to side , L forward [3.00]

S2# *PIVOT 1/4 TURN L - CROSS SHUFFLE - PIVOT 1/4 TURN R - CROSS CROSS SHUFFLE*

1-2 Step R forward , 1/4 turn to L in place
3&4 R cross over L , L side , R cross over L
5-6 L forward , 1/4 turn to R in place
7&8 L cross over R , R side , L cross over R

(Restart here on wall 7)

S3# *SIDE CHASSE - CHASSE 1/4 TURN L - WALK [R-L-R] - CLOSE TOUCH*

1&2 Step R to side , L close beside R , R to side
3&4 L side 1/4 turn to L [12.00] , R close beside L , L side
5-8 Walk R - L - R forward , L close touch beside R

**S4# *SIDE - CLOSE TOUCH 1/4 TURN R
- CHASSE [R-L] - WALK - WALK***

1-2 Step L to side , R close touch 1/4 turn to R [3.00]
3&4 R to side , L close beside R , R side. [weight on R]

5&6 L to side , R close beside L , L side. [weight on L)
7-8 R - L walk forward [3.00]

Dancing with YOUR Heart □

Contact : ricoyusran@yahoo.com
