

Rumba Forever

Compte: 64

Mur: 4

Niveau: Improver

Chorégraphe: Nina Chen (TW) - November 2022

Musique: Einmal Ja gesagt - Für immer Ja gesagt - Semino Rossi



Intro: 32 counts

Sec1: SIDE - DRAG - BEHIND - SIDE, MAMBO 1/4 L - HOLD

1-4 Step Rf to R - Dragging L toe beside Rf - Step Lf behind Rf - Step Rf to R
5-8 Cross Lf over Rf - Recover on Rf - 1/4 turn L (9:00) step Lf fwd - Hold

Sec2: RUMBA BOX

1-4 Step Rf to R - Step Lf beside Rf - Step Rf back - Hold
5-8 Step Lf to L - Step Rf beside Lf - Step Lf fwd - Hold

Sec3: CROSS - SIDE - CROSS - HITCH. (X2)

1-4 Cross Rf over Lf - Step Lf to L - Cross Rf over Lf - Hitch Lf over Rf
5-8 Cross Lf over Rf - Step Rf to R - Cross Lf over Rf - Hitch Rf over Lf

Sec4: CROSS MAMBO - HOLD, SWAY - HOLD

1-4 Rock Rf over Lf - Recover on LF - Step Rf to R - Hold
5-8 Sway (L R L) - Hold

Sec5: BEHIND - SIDE - CROSS - SWEEP, CROSS - 1/4 L BACK - BACK - HOLD

1-4 Cross Rf behind Lf - Step Lf to L - Cross Rf over Lf - Sweep Lf from back to front
5-8 Cross Lf over Rf - 1/4 turn L (6:00) step Rf back - Step Lf back - Hold

Sec6: BACK ROCK - RECOVER - BACK ROCK - HOLD. (X2)

1-4 Rock Rf back - Recover on Lf - Rock Rf back - Hold
5-8 Rock Lf back - Recover on Rf - Rock Lf back - Hold

Sec7: FWD - 1/2 R FWD - BACK - HOLD, BACK MAMBO - HOLD

1-4 Step Rf fwd - 1/2 turn R (12:00) step Lf fwd - Step Rf back - Hold
5-8 Step Lf back - Recover on Rf - Step Lf fwd - Hold

Sec8: FWD - PIVOT 1/2 L - 1/4 L SIDE - HOLD, MAMBO 1/2 R - HOLD

1-4 Step RF fwd - Pivot 1/2 turn L (6:00) weight on Lf - 1/4 turn L (3:00) step Rf to R - Hold
5-8 Rock Lf fwd - Recover on Rf - 1/2 turn R (9:00) step Lf fwd - Hold

RESTART : During wall 3 after 16 counts (3:00)

Have Fun & Happy Dancing !!!

Contact Nina Chen : nina.teach.dance@gmail.com