

Monotonia

COPPER KNOB
STEP SHEETS

Compte: 32

Mur: 4

Niveau: High Beginner

Chorégraphe: Swesty Budianingsih (INA) & Naning Olala (INA) - November 2022

Musique: Monotonía - Shakira & Ozuna



Intro. : 16 Count

S1 BASIC BACHATA, ROLLING VINE FULL TURN LEFT

- 1 - 4 Step R to side - Step L together - Step R to side - Touch L together
5 - 8 Turn 1/4 left step L forward - Turn 1/2 left step R back - Turn 1/4 left step L to side - Touch R together

S 2 K STEP

- 1 - 4 Step R diagonal forward - Touch L together - Step L diagonal back - Touch R together
5 - 8 Step R diagonal back - Touch L together - Step L diagonal forward - Touch R together

S3 WALK FORWARD TURN 1/2 LEFT, TOUCH , HIPS SWAY , FLICK

- 1 - 4 Step R forward - Step L forward - Turn 1/2 left step R back - Touch L together
5 - 8 Sway hips to the left step L to side - Sway hips to the right - Sway hips to the left - Flick R behind L

S4. SIDE, TOUCH, SIDE TURN 1/4 RIGHT, TOUCH, CROSS/ROCK, SIDE, TOGETHER

- 1 - 4 Step R to side - Touch L together - Turn 1/4 right step L to side - Touch R together
5 - 8 Cross Rock R over L - Recover on L - Step R to side - Step L together

For more info about step sheet & song please contact

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