

The Morning After

Compte: 32

Mur: 4

Niveau: Improver / Intermediate



Chorégraphe: A.A.J.D (UK) - November 2022

Musique: The Morning After - Nathan Carter

Intro: Start after instrumental

Point Out, In, Heel, Hook, Step, Touch, Back, Kick, Coaster Scuff, Left Lock.

- 1 & 2 & Point right toe to right side, touch right next to left, touch right heel forward, hook right across left.
- 3 & 4 & Step right forward, touch left next to right, step left back, kick right forward.
- 5 & 6 & Step right back, step left next to right, step right forward, scuff left forward.
- 7 & 8 Step left forward, lock right behind left, step left forward.

Step, 1/4, Cross, 1/2 Hinge, Side, Together, Forward, Side, Together, Forward.

- 1 & 2 Step right forward, pivot 1/4 turn left, step right across left.
- 3 & 4 Make 1/4 turn right stepping left back, make 1/4 turn right stepping right to right side, step left across right.
- 5 & 6 Step right to right side, step left next to right, step right forward.
- 7 & 8 Step left to left side, step right next to left, step left forward.

1/4 Heel Struts, 1/4 Run, 1/4 Heel Struts, 1/4 Run.

- 1 & 2 & Make 1/8 turn right stepping right heel forward, drop right toe, make 1/8 turn right stepping left heel forward, drop left toe.
- 3 & 4 Make 1/4 turn right stepping right left right.
- 5 & 6 & Make 1/8 turn right stepping left heel forward, drop left toe, make 1/8 turn right stepping right heel forward, drop right toe.
- 7 & 8 Make 1/4 turn right stepping left right left.

Rocking Chair, V Step, Vine Right Touch, Vine Left Touch.

- 1 & 2 & Rock forward on right, recover onto left, rock back on right, recover onto left.
- 3 & 4 & Step right to right diagonal, step left to left diagonal, step right back, step left back.
- 5 & 6 & Step right to right side, step left behind right, step right to right side, touch left next to right.
- 7 & 8 & Step left to left side, step right behind left, step left to left side, touch right next to left.

Ending - Run to the front.

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