

If I Let You Go

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Helma Yoga (INA) - November 2022

Musique: If I Let You Go - Westlife



Tag 1: after wall 3

Tag 2: and restart on wall 8 after 16c

Start dance after 16c

#1. WALK (R -L) - MAMBO FORWARD - CHASSE 1/4 TURN LEFT - ANCHOR*

1 - 2 Walk R - L
3&4 Step R forward , recover on L , R back
5&6 1/4 turn left step L to side , R beside L , R to side (09.00)
7&8 Step R back , recover on L , R back

#2. BACK ROCK - LOCK FORWARD SHUFFLE - FORWARD ROCK - CHASSE 1/4 TURN RIGHT*

1- 2 Step L back , recover on R
3&4 L forward , R lock behind L , L forward
5 - 6 R forward , recover on L
7&8 1/4 turn right step R to side , L beside R , L to side (12.00)

#3. DIAMOND 1/4 TURN LEFT - SIDE - BEHIND - SIDE - CROSS*

1&2 L cross over R. , 1/8 turn right step R back , L back with L knee up
3&4 R back , 1/8 turn left step L to side , R forward (09.00)
5&6 L to side with hip up , R , L (weight on L)
7&8 L behind R , R to side , L cross over R

#4. PADDLE 1/2 TURN LEFT - JAZZBOX*

1 - 2 Step R forward , 1/4 turn left step L in the place
3 - 4 R forward , 1/4 turn left step L in the place (03.00)
5 - 8 R cross over L , L back , R to side , L forward

TAG 1: 4C (V STEP)

1 - 4 Step R diagonal to R , L diagonal to L , R back to center , L beside R

TAG 2: (HOLD)

&1 L close beside R , R touch point to side