

After The Night Before

COPPER **KNOB**
BY STEPHEN METZ

Compte: 16

Mur: 4

Niveau: Absolute Beginner / Beginner



Chorégraphe: Noreen Wall (UK) - November 2022

Musique: The Morning After - Nathan Carter

START ON LYRICS 23 SECONDS.

SECTION ONE

STEP TOUCH, STEP TOUCH ,SIDE TOGETHER, STEP, TOUCH

1&2& step right to right side, touch left toe beside right foot, step left to left side, touch right toe beside left foot,

3&4& step right to right side, step left foot beside right foot, step right to right side , touch left toe beside right foot.

WALK ,WALK ,RUN,RUN,RUN TO 3 O' CLOCK WALL

5-6 walk left ,right ,making ¼ turn left to 9 O' clock wall.

7&8 run around left. left, right, left to face 3 O' clock wall.

SECTION 2

RIGHT DIAGONAL RIGHT LOCK STEP LEFT DIAGONAL LEFT LOCK STEP. RIGHT HITCH BACK, LEFT HITCH BACK. STOMP RIGHT, LEFT, RIGHT.

1&2 3&4 on right diagonal ,step forward right foot, cross left foot behind right foot, step forward right foot keep weight on right foot.

On left diagonal , step forward left foot, cross right foot behind left foot step forward on left foot, keep weight on left foot.

5& 6& traveling backwards hitch right knee, step back on right foot, hitch left knee, step back on left foot.

7&8 stomp right, left, right.

Last Update - 10 Nov. 2022