

Numb!Numb!Numb!Numb!

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Silvia Schill (DE) - November 2022

Musique: Numb - Marshmello & Khalid



The dance begins after 16 beats with the vocals

S1: Rock forward & rock forward, shuffle back, shuffle back turning ½ r

- 1-2 Step forward with right - weight back on LF
&3-4 Move RF next to left and step forward with left - weight back on RF
5&6 Step back with left - move RF next to left and step back with left
7&8 ¼ turn right around and step right with right - move LF next to right ¼ turn right around and step forward with right (6 o'clock)

S2: ½ turn r, sweep back, behind-side-step, touch forward, hold & touch forward & touch forward &

- 1-2 ½ turn right around and step back with left - swing RF back in a circle (12 o'clock)
3&4 Cross RF behind left - step left with left and step forward with right
5-6 Touch left toe in front - hold
&7 Move LF next to right and touch right toe in front
&8 Move RF next to left and touch left toe in front
& LF move LF next to right

S3: Step-heels swivel, coaster step, step, pivot ¼ r 2x

- 1&2 Step forward with right - turn both heels to right and back (weight at the end left)
3&4 Step back with right - move LF next to right and a little step forward with right
5-6 Step forward with left - ¼ turn right around on both balls, weight at the end right (3 o'clock)
7-8 As 5-6 (circling the hips in a semi-circle from back to front) (6 o'clock)

S4: Cross, side, sailor step turning ¼ l, ½ paddle turn l 4x

- 1-2 LF cross over right - step right with right
3&4 Cross LF behind right - ¼ turn left around, step right with right, weight back on LF (3 o'clock)
5& Tap right toe in front, ½ turn left around and lift right knee over left (1:30)
6&7&8& '5& repeat 3 times (9 o'clock)

Tag/restart: In the 3rd round - towards 9 o'clock - break off after '3&4', dance the tag and start again from the beginning

Tag/restart: In the 5th round - towards 3 o'clock - break off after '3&4', dance the tag and start again from the beginning

Tag/restart: In the 6th round - towards 12 o'clock - break off after '3&4', dance the tag and start again from the beginning

Repeat to the end

Tag/restart:

¼ paddle turn l 2x

- 5-6 Tap right toe in front - ¼ turn left around and lift right knee over left (6 o'clock)
7-8 As 5-6 (3 o'clock)

And don't forget to smile, because dancing is fun!

There is no guarantee for errors in the translation, content, spelling, etc.!

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