

Shake It

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Bambang Satiyawan (INA) - September 2022

Musique: Shake It - SISTAR



Start dance on vocal, No Tags, No Restarts.

SECTION I. SLIGHT RIGHT-HOLD-CLOSE BEHIND-CROSS-TURN 1/4 LEFT AND FORWARD-PIVOT 1/2 LEFT AND BACK SWEEP-COASTER STEP

- 1 - 2& Long Strep RF to side, Hold, Close LF slightly behind RF
- 3 - 4 Cross RF over LF, Turn ¼ left Step LF forward
- 5 - 6 Step RF forward, Turn ½ left weight still on RF and Sweep LF back
- 7 & 8 Step LF back, Close RF beside LF, Step LF forward

SECTION II. KICK BALL BACK TOUCH-KICK BALL SIDE TOUCH-STEP FORWARD-HEEL TAP TURNING 1/2 LEFT

- 1 & 2 Kick RF forward, Close RF beside LF, Touch LF back
- 3 & 4 Kick LF forward, Close LF beside RF, Touch RF to side
- 5 - 6 Step RF forward, Tap your heels by turning ¼ left
- 7 - 8 Tap your heels by turning 1/8 left, Tap your heels by turning 1/8 left (weight on RF)

SECTION III. COASTER STEP-CHARLESTON-CROSS-A HALF JAZZ BOX TURN 1/4 RIGHT

- 1 & 2 Step LF back, Close RF beside LF, Step LF forward
- 3 - 4 Swing and Touch RF forward, Swing and Step RF back
- 5 - 6 Swing and Touch LF back, Swing and Step LF forward
- 7 - 8 Cross RF over LF (preparing for turn ¼ right), Turn ¼ right Step LF back

SECTION IV. SIDE ROCK-RECOVER-CLOSE-SIDE ROCK-RECOVER-CLOSED-SIDE ROCK-RECOVER TURN 1/4 LEFT AND FLICK-WALK RL

- 1 - 2& Rock RF to side, Recover on LF, Close RF beside LF (slightly jump)
- 3 - 4& Rock LF to side, Recover on RF, Close LF beside RF (slightly jump)
- 5 - 6 Rock RF to side, Recover on LF by turning ¼ left and Flick your RF (slightly jump)
- 7 - 8 Walk RF-LF

Enjoy the dance,

Contact person: bambang.1709@gmail.com