

Life

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: HR Adi (INA) - October 2022

Musique: Life - Des'ree



Start Dance On Vocal

Tag: After Wall 4 Count: 8

Jazz Box

1-2-3-4 Cross R over L, step back L, R to R side, cross L over R

5-6-7-8 Cross R over L, step back L R to R side, cross L over R

Side Touch – Side Touch

1-2-3-4 R to R side, touch L next to R, touch L to L side, touch L next to R

5-6-7-8 L to L side, touch R next to L, touch R to R side, touch R next to L

Weave – Rock Recover – Chasse

1-2-3-4 Cross R over L, L to L side, step R behind L, L to L side

5-6-7&8 Cross R over L, recover L, R to R side, step L beside R, R to R side

Weave – ¼ Turn Right – Coaster Step

1-2-3-4 Cross L over R, R to R side, step L behind R, ¼ turn right, step fwd R

5-6-7&8 Step fwd L, recover R, step back L, step R beside L, step fwd L

Tag: Side Recover – Behind – Side Cross – Side Together – Side Mambo

1-2-3&4 R to R side, recover L, step R behind L, L to L side, cross R over L

5-6-7&8 L to L side, step R close to L, L to L side, recover R, step L beside R
