

My Nona Manis

COPPER **KNOB**
BY STEPHEN

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Wiesye Baraoh (INA) - October 2022

Musique: My Nona Manis - Abylio



***Start: On Vocal "Body"**

Section 1: SIDE - TOGETHER - SIDE - TOUCH (RIGHT / LEFT)

1 2 3 4 Step R to right side, Step L to R, Step R to right side, Touch L to R
5 6 7 8. Step L to left side, Step R to L, Step L to left side, Touch R to L

Section 2: FORWARD, RECOVER, BACK , TOUCH, FORWARD L/R/L, BRUSH

1 2 3 4. Step forward on R, Recover on L, Step back on R, Touch L forward
5 6 7 8. Step Forward on L, R, L, Brush R

Section 3: ROCKING CHAIR, FORWARD & BUMP (x2)

1 2 3 4. Step forward on R, Recover on L, Step back on R, Recover on L
5 6 7 8. Step forward on R hip bump, Recover on L hip bump, Hips bump R, L

Section 4: FORWARD, FORWARD, PIVOT 1/4 , TOGETHER, SIDE TOUCH BEHIND (x2)

1 2 3 4. Step forward on R, Step forward on L, pivot 1/4 turn right , Step L to R
5 6 7 8. Step R to right side, Touch L behind R, Step L to left side, Touch R behind L

TAG: add the end of walls 3, 4, 5, 7, 10, 11

Repeat Steps (5, 6, 7, 8) from section 4

Have fun

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