

Mala Remix

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Flora Lau (MY) - October 2022

Musique: Mala (Remix) - Pitbull, Becky G. & De La Ghetto



Section 1 - Rock Back, Recover, Forward, Touch Forward, Heel Twist L R, Side, Recover, Cross, Side, Recover, Cross

- 1 & 2 Step R back, recover on L, R forward
- 3 & 4 Touch L forward, twist both heel L then R
- 5 & 6 Step L to L side, Recover on R, Cross L over R
- 7 & 8 Step R to R side, Recover on L, Cross R over L

Section 2 - ¼ R Back, Sweep back (2x), Coaster forward, ¼ R, Side Cha Cha, Touch, Side, Touch

- 1 Make ¼ turn to R stepping back on L
- 2 3 Sweep R behind L, Sweep L behind R
- 4 & 5 Step back on R, L beside R, Forward on R
- 6 & 7 & Make a ¼ turn to R sliding L to L side, Right beside L, L to L Side, Touch R beside L
- 8 & Step R to R side, Touch L beside R

Section 3 - Side, Touch, Side, ¼ L Coaster Forward, Forward, ½ L Recover, Forward, Run Forward L R L

- 1 & 2 Step L to L side, Touch R beside L, Step R to R side
- 3 & 4 ¼ turn to L stepping back on L, R beside L, L Forward
- 5 & 6 Step Forward on R, ½ turn to L recovering on L, Forward on R
- 7 & 8 Run forward L R L

Section 4 - Recover, Back, Behind, Side, Cross, Side, Recover, Cross, Touch Side, Twist Heel RL

- 1 2 Recover on R, Step back on L
- 3 & 4 Cross R behind L, L to L side, Cross R over L
- 5 & 6 Step L to L side, Recover on R, Cross L over R
- 7 & 8 & Touch R to R side diagonally, Twist Heel Right, Twist Heel Left

Contact: f.wildflower@gmail.com
