

EZ Told You Strut

Compte: 64

Mur: 4

Niveau: Beginner

Chorégraphe: Heidi Cronjé (SA) - September 2022

Musique: Have I Told You Lately That I Love You - Elizma Theron



Intro: About 15 seconds

SECTION 1: FWD STRUTS X 4

1-2 Touch R toe fwd, Step R heel down, Touch L toe fwd, Step L heel down
5-8 Touch R toe fwd, Step R heel down, Touch L toe fwd, Step L heel down

SECTION 2: KNEE POP, HOLD X 2, KNEE POPS X 3, HOLD

1-4 Step R together and pop R knee in, Hold, Pop L knee in, Hold
5-8 Pop R knee in, Pop L knee in, Pop R knee in, Hold

SECTION 3: BACK STRUTS X 4

1-2 Touch R toe back, Step R heel down, Touch L toe back, Step L heel down
5-8 Touch R toe back, Step R heel down, Touch L toe back, Step L heel down

SECTION 4: POINT, TOGETHER X 4 (R-L-R-L)

1-4 Point R side, Step R together, Point L side, Step L together
5-6 Point R side, Step R together, Point L side, Step L together

SECTION 5: ¼ R JAZZ BOX WITH STRUTS

1-4 Touch R toe across L, Step R heel down, Touch L toe back, Step L heel down
5-8 Turn ¼ R and touch R toe side, Step R heel down, Touch L toe fwd, Step L heel down

SECTION 6: FWD STRUTS X 2, FWD LOCK STEP, HOLD

1-4 Touch R toe fwd, Step R heel down, Touch L toe fwd, Step L heel down

*** Easier option: Step R fwd, Hold, Step L fwd, Hold**

5-8 Step R fwd, Lock L behind R, Step R fwd, Hold

SECTION 7: FWD ROCK, HOLD, RECOVER, HOLD, BACK LOCK STEP, HOLD

1-4 Rock L fwd, Hold, Recover R, Hold
5-8 Step L back, Lock R in front of L, Step L back, Hold

SECTION 8: HIP BUMPS X 3 (R-L-R), HOLD, SIDE, POINT, DRAG, HOLD (2 COUNTS)

1-4 Step R side and bump R hip to R, Bump hip L, Bump hip R, Hold
5-8 Step L side and Point R, Drag R to L, Hold for 2 counts

Start Again. Have fun and Enjoy!

No Tags / Restart

Contact – email: linedanceriversdal@gmail.com