

Ring My Bells

Compte: 48

Mur: 4

Niveau: Improver



Chorégraphe: Bunda Chris (INA), Annie Annoy (INA) & Fieda Andriyanti (INA) - September 2022

Musique: Ring My Bells - Enrique Iglesias

Counts 16 - *REPEAT X2

***SEC 1: SIDE, HOLD &, SIDE, TOUCH, RL**

1-2& stepping right to right side, HOLD, Step left next to right
3-4 Step right to right side, Touch left next to right
5-6& Stepping Left to Left side, HOLD, Step right next to left
7-8 Step left to left side, Touch Right next to left

SEC 2 : FORWARD, TOUCH, BACK TOUCH, BACK TOUCH, FORWARD TOUCH

1-2 Step Forward Right, Touch Left next to Right
3-4 Step Back L, Touch Right next to L
5-6 Step Back R, Touch Left next to R
7-8 Step Forward L, Touch Right next to L

MAIN DANCE

SEC 1 : Touch Forward, Touch, Chasse, RL

1-2 Step R Forward Touch Toe, Step Right Touch next to L
3& 4 Step right to right side, step left next to right ("step together"), step right to right side
5-6 Step L Forward Touch Toe, step Left touch next to R
7& 8 Step left to left side, step right next to left ("step together"), step left to left side

SEC 2 : Kick, Sailor Step ¼ Turn Right, Toe Struts

1-2 Kick R forward & side
3& 4 Step R behind L, step L next to R, ¼ turn R step R Forward
5-6 Touch L forward, drop the heel to the floor (weight on that foot)
7-8 Touch R forward, drop the heel to the floor (weight on that foot)

SEC 3 : Kick, Sailor Step ½ Turn Left, Toe Struts

1-2 Kick L forward & side
3& 4 Step L behind R, step R next to L, ½ turn L step L Forward
5-6 Touch R forward, drop the heel to the floor (weight on that foot)
7-8 Touch L forward, drop the heel to the floor (weight on that foot)

SEC 4 : Back Shuffle RL, Rock Back Recover, Forward Shuffle

1& 2 Step back on right, step left foot back next to right, step right back
3& 4 Step back on Left foot, (&) step Right foot back next to Left, step Left back
5-6 Rock back on R foot, recover weight forward onto L
7& 8 Step R forward, Step L next R, Step R forward

SEC 5 : Jazz Box ¼ Turn 2X

1-2-3-4 Cross left over Right, step backward on Right, turn ¼ turn left stepping side on left, step forward on Right
5-6-7-8 Cross left over Right, step backward on Right, turn ¼ turn left stepping side on left, step forward on Right

SEC 6 : Lindi Step RL

1& 2 Step right to right side, step left next to right, step right to right side
3-4 Step left behind right, rocking weight onto left, recover weight onto right

5& 6 7&8 Step left to right side, step right next to left, step left to left side, step right behind left, rocking weight onto right, recover weight onto left

Enjoy it And Let's Dance

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