Into The Mystic with Gretchen

Niveau: Ultra Beginner

Chorégraphe: Ruth Batchelor (USA) - July 2022 Musique: Into the Mystic - Gretchen Wilson

Starts after 32 counts

Compte: 32

(1-8) Mambo Forward, Mambo Back

- Rock R forward, recover weight on L, step R next to L, HOLD 1,2,3
- 5,6,7 Rock L back, recover weight on R, step L next to R, HOLD

(9-16) Mambo Right, Mambo Left

- 1,2,3 Rock R to R, recover weight on L, step R next to L, HOLD
- 5,6,7 Rock L to L, recover weight on R, step L next to R, HOLD

(17-24) Vine Right, Vine Left

- Step R to R side, step L behind R, step R to R side, touch L next to R 1,2,3,4
- 5,6,7,8 Step L to L side, step R behind L, step L to L side, touch R next to L

(25-32) Reverse K-step

- 1,2,3,4 Step R diagonally back, touch L next to R, step L diagonally forward, touch R next to L
- Step R diagonally forward, touch L next to R, step L diagonally back, touch R next to L 5,6,7,8

Variation to 4 wall dance:

- (25-32) Reverse K-step 1/4 Left Turning
- Step R diagonally back, touch L next to R, step L turning 1/4 L, touch R next to L 1,2,3,4
- 5,6,7,8 Step R diagonally forward, touch L next to R, step L diagonally back, touch R next to L





Mur: 1