

# Sailor EZ

Compte: 64

Mur: 1

Niveau: Beginner

Chorégraphe: Yola Ireneous (INA) & Wenarika Josephine (INA) - September 2022

Musique: Sailor - Philomena Begley : (Petula Clark Cover)



Intro : 20 counts // 1 RESTART on wall 3 after 32counts

## Sect 1 WEAVE , CROSS ROCK , SIDE , HOLD

1 – 4 Cross R over L – L to side – R behind L – L to side  
5 – 8 Cross R over L – recover on L – R to side – hold

## Sect 2 WEAVE , CROSS ROCK , SIDE , HOLD

1 – 4 Cross L over R – R to side – L behind R – R to side  
5 – 8 Cross L over R – recover on R – L to side – hold

## Sect 3 FORWARD CROSS, SIDE POINT , BACK, SIDE POINT

1 – 4 Cross R over L – point L to side – cross L over R – point R to side  
5 – 8 R behind L – point L to side – L behind R – point R to side

## Sect 4 K- STEP

1 – 4 R diag forward – touch L beside R – L diag back – touch R beside L  
5 – 8 R diag back – touch L beside R – L diag forward – touch R beside L

(Restart here on wall 3)

## Sect 5 SIDE ROCK, CROSS, HOLD

1 – 4 Rock R to side – recover on L – cross R over L – hold  
5 – 8 Rock L to side – recover on R – cross L over R – hold

## Sect 6 FORWARD ROCK , WEAVE ½ TURN RIGHT

1 – 2 Rock R forward – recover on L  
3 – 4 Turn ¼ right step R to side – cross L over R (3.00)  
5 – 6 R to side – L behind R  
7 – 8 Turn ¼ right step R forward – L forward (6.00)

## Sect 7 SIDE ROCK, CROSS, HOLD

1 – 4 Rock R to side – recover on L – cross R over L – hold  
5 – 8 Rock L to side – recover on R – cross L over R – hold

## Sect 8 FORWARD ROCK , WEAVE ½ TURN RIGHT

1 – 2 Rock R forward – recover on L  
3 – 4 Turn ¼ right step R to side – cross L over R (9.00)  
5 – 6 R to side – L behind R  
7 – 8 Turn ¼ right step R forward – L forward (12.00)

Contact email : [yolaireneps@gmail.com](mailto:yolaireneps@gmail.com)