

# Sailor EZ

**Compte:** 64

**Mur:** 1

**Niveau:** Beginner

**Chorégraphe:** Yola Ireneous (INA) & Wenarika Josephine (INA) - September 2022

**Musique:** Sailor - Philomena Begley : (Petula Clark Cover)



**Intro : 20 counts // 1 RESTART on wall 3 after 32counts**

## **Sect 1 WEAVE , CROSS ROCK , SIDE , HOLD**

1 – 4            Cross R over L – L to side – R behind L – L to side  
5 – 8            Cross R over L – recover on L – R to side – hold

## **Sect 2 WEAVE , CROSS ROCK , SIDE , HOLD**

1 – 4            Cross L over R – R to side – L behind R – R to side  
5 – 8            Cross L over R – recover on R – L to side – hold

## **Sect 3 FORWARD CROSS, SIDE POINT , BACK, SIDE POINT**

1 – 4            Cross R over L – point L to side – cross L over R – point R to side  
5 – 8            R behind L – point L to side – L behind R – point R to side

## **Sect 4 K- STEP**

1 – 4            R diag forward – touch L beside R – L diag back – touch R beside L  
5 – 8            R diag back – touch L beside R – L diag forward – touch R beside L

**(Restart here on wall 3)**

## **Sect 5 SIDE ROCK, CROSS, HOLD**

1 – 4            Rock R to side – recover on L – cross R over L – hold  
5 – 8            Rock L to side – recover on R – cross L over R – hold

## **Sect 6 FORWARD ROCK , WEAVE ½ TURN RIGHT**

1 – 2            Rock R forward – recover on L  
3 – 4            Turn ¼ right step R to side – cross L over R (3.00)  
5 – 6            R to side – L behind R  
7 – 8            Turn ¼ right step R forward – L forward (6.00)

## **Sect 7 SIDE ROCK, CROSS, HOLD**

1 – 4            Rock R to side – recover on L – cross R over L – hold  
5 – 8            Rock L to side – recover on R – cross L over R – hold

## **Sect 8 FORWARD ROCK , WEAVE ½ TURN RIGHT**

1 – 2            Rock R forward – recover on L  
3 – 4            Turn ¼ right step R to side – cross L over R (9.00)  
5 – 6            R to side – L behind R  
7 – 8            Turn ¼ right step R forward – L forward (12.00)

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