

# C'est La Vie

**COPPER** KNOB  
STEPPERS

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Island Trio (CAN), Lynda Maynard (CAN), Debbie Dickie (CAN) & Linda (CAN) - August 2022

**Musique:** C'est La Vie - Bob Seger



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**Start on word 'Teenage' - No Tags or Restarts**

## **Section One: Lindy Right, Lindy Left**

- 1&2 Step right to right side, step left together, step right to right side
- 3-4 Rock left back, recover to right
- 5&6 Step left to left side, step right together, step left to left side
- 7-8 Rock back right, recover to left

## **Section Two: Step Together, Step touch x 2**

- 1-4 Step right to right side, step left together, step right to right side, touch left
- 5-8 Step left to left side, step right together, step left to left side, touch right

## **Section Three: Twist, Kickball Change x 2**

- 1-4 Twist heels right, center, right, center (weighted on left)
- 5-8 Kick right forward, recover to ball of right, change weight to left, Repeat

## **Section Four: ¾ Left Boogie Turn**

- 1-4 Step right forward, pivot ¼ left, step right forward pivot ¼ left
- 5-8 Step right forward, pivot 1/8 left, step right forward pivot 1/8 left

**\*Add Jazz Hands while making the turn**

**Finish- Cross right over left, unwind 1/2 left coming back to 12:00**

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