

# Salsa Lavida 2022

**Compte:** 32

**Mur:** 4

**Niveau:** High Beginner

**Chorégraphe:** Supiyati DIY (INA) & Ella Miza (INA) - August 2022

**Musique:** El Carnaval de Celia: A Tribute (La Vida es un Carnaval / La Negra Tiene Tumbao / Ríe y Lloro) - KYEN?ES?



**Intro: 20 counts**

## **S1. CUMBIA**

1&2 Rock RF behind LF, recover on LF step RF to R  
3&4 Rock LF behind RF, recover on RF step LF to L  
5&6 Rock RF behind LF, recover on LF step RF to R  
7&8 Rock LF behind RF, recover on RF step LF to L

## **S2. TOUCH CROSS – SIDE – BOTAFOGO**

1,2 Touch RF over LF, touch RF to R  
3&4 Cross RF over LF, step ball LF to L, step RF in place  
5,6 Touch LF over RF, touch LF to L  
7&8 Cross LF over RF, step ball RF to R, step LF in place  
\*\* Restart here on Wall 3

## **S3. FORWARD MAMBO, BACK MAMBO, ¼ TURN R CROSS SHUFFLE, ½ TURN L CROSS SHUFFLE**

1&2 Rock RF forward, recover on LF, step RF back  
3&4 Rock LF back, recover on RF, step LF forward  
\*\* Restart here on Wall 9  
5&6 ¼ turn R cross RF over LF, step LF to L, cross RF over LF  
7&8 ½ turn L cross LF over RF, step RF to R, cross LF over RF

## **S4. SIDE MAMBO, PIVOT ½ TURN L, TOGETHER WITH BODY WAVE/ROLL**

1&2 Rock RF to R, recover on LF, close RF next to LF  
3&4 Rock LF to L, recover on RF, close LF next to RF  
5,6 Step RF forward, ½ turn L weight on LF  
7,8 Step RF together with body wave (option : Body Roll)

**RESTART on Wall 3 after 16 counts and Wall 9 after 20 counts**

**Have Fun....**

**Last Update - 4 Sept. 2022**