

Hello My Friends

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Alexis Strong (UK) - August 2022

Musique: You Don't Know What You Got - Jane McDonald : (iTunes)



[1-8] x2 TOE HEEL CROSS, COASTER STEP, SHUFFLE FORWARD

1&2 R Toe (1) R Heel (&) Cross R Over L (2)
3&4 L Toe (3) L Heel (&) Cross L Over R (4)
5&6 Step R Back (5) Step L Back (&) Step R Fwd (6)
7&8 Step L Fwd (7) Step R Together (&) Step L Fwd (8)

[9-16] RUMBA BOX BACK, RUMBA BOX FORWARD, BALL WALK WALK SHUFFLE FORWARD

1&2 Step R To R (1) Close L To R (&) Step R Back (2)
3&4 Step L To L (3) Close R To L (&) Step L Fwd (4)
&5-6 Close R To L (&) Walk L (5) Walk R (6) Making 1/2 Turn
7&8 Step L Fwd (7) Close R To L (&) Step L Fwd (8) 6:00

[17-24] MAMBO STEP, x2 BACK LOCK STEP, 1/4 SAILOR STEP

1&2 Rock R Fwd (1) Recover On L (&) Step Back On R (2)
3&4 Step Back On L (3) Cross R Over L (&) Step Back On L (4)
5&6 Step Back On R (5) Cross L Over R (&) Step Back On R (6)
7&8 Step Back On L (7) 1/4 Turn Close R To L (&) Step L Fwd (8) 3:00

[25-32] PIVOT 1/2 TURN, SHUFFLE 1/2 TURN, COASTER STEP, X2 WALKS.

1-2 Step R Fwd (1) Making 1/2 Turn L, Step On L 3:00
3&4 Making 1/2 Turn L, Step On R (3) Step On L (&) Step Back On R (4) 9:00
5&6 Step Back On L (5) Close R To L (&) Step Fwd On L (6)
7-8 Walk R (7) Walk L (8) 3:00

TAG: END OF WALLS 3 / 4 & 6 –

[1-4] MAMBO STEP FORWARD, MAMBO STEP BACK.

1&2 Rock R Fwd (1) Recover Back On L (&) Step Back On R (2)
3&4 Rock Back On L (3) Recover Fwd On R (&) Step Fwd On L (4)

ENJOY & KEEP SMILING