

# It's Automatic

**COPPER** **KNOB**  
BY STEPHEN

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Helen Ng (AUS) - August 2022

**Musique:** Automatic - Jessica Mauboy : (Album: Single)



**Original Position: Feet together weight on left foot**  
**#16 Count Intro**

## **[1-8] FORWARD, LOCK, SHUFFLE FORWARD, FORWARD, LOCK, SHUFFLE FORWARD**

1,2 Step R Forward at 45° Right, Lock L Behind R, (slightly pop R knee up at the same time )  
3&4 Shuffle Forward at 45° Right Step: R-L-R,  
5,6 Step L Forward at 45° Left, Lock R Behind L, (slightly pop L knee up at the same time )  
7&8 Shuffle Forward at 45° Left Step: L-R-L. ( 12.00 )

## **[9-16] 1/4 SIDE ROCK, RECOVER, CROSS SHUFFLE , SIDE ROCK, RECOVER, COASTER STEP**

1,2 Turn 1/4 Left Side Rock Step R to the Side, Recover Weight Onto L, ( 9.00 )  
3&4 Shuffle Right Across in front of L Step: R-L-R  
5,6 Step L to the side, Side Rock Weight onto R  
7&8 Coaster: Step L Back, Step R Together, Step L Forward. (9.00 )

## **[17-24] 1/4 TURN TRIPLE, 1/4 TURN TRIPLE, 1/2 CIRCLE WALK, FORWARD**

1&2 Turn 1/4 Right Triple Step Slightly Travelling Step: R-L-R (12.00 )  
3&4 Turn 1/4 Right Triple Step Slightly Travelling Step: L-R-L ( 3.00 )  
5,6,7, Turning 1/2 Right Walk In A Circle Step: R, L, R, ( 9.00 )  
8 Step L Forward. ( 9.00 )

## **[25-32] TOUCH & TOUCH & KICK BALL STEP, PIVOT 1/2 , ROCK BACK, RECOVER**

1& Touch R Toe to the side, Step R Together,  
2& Touch L Toe to the side, Step L Together,  
3&4 Kick R Forward, Step R together, Step L Forward  
5,6 Pivot: Step R forward, 1/2 Turn Left Take weight onto L, ( 3.00 )  
7,8 Rock R back Sitting On R Hip, Recover Forward Onto L. ( 3.00 )

© helen\_de\_cut@yahoo.com.au

Last Update - 16 Aug. 2022