

EL Glamour

Compte: 64

Mur: 2

Niveau: Phrased Improver



Chorégraphe: Jhon Batin (INA) - August 2022

Musique: Enciéndeme el Glamour (feat. Pupi Poisson) - The Macarena

****Start dance after 16 count**

**** No Tag, No Restart**

****Sequences : AA - B - AA - AA - B - AA - B - AA**

Part A : 32 count

Sec 1 Side Step, Together, Chasse (R-L)

- 1-2 Step R to right side, close L together R
- 3&4 Step R to right side, close L together R, step R to right side
- 5-6 Step L to left side, step R together L
- 7&8 Step L to left side, R together L, step L to left side

Sec 2 Cross Rock Behind, 1/4 Turn, Lock Shuffle Backward, Back Rock, Lock Shuffle Forward

- 1-2 Cross R behind L, recover on L
- 3&4 Turn 1/4 left stepping R backward (09:00), lock L over R, step R back
- 5-6 Step L backward, recover on R
- 7&8 Step L forward, lock R behind L, step L forward

Sec 3 Step Forward, 1/4 Turn, Hitch L, Cross Shuffle, Side Rock, Cross Shuffle

- 1-2 Step R forward, turn 1/4 right while hitching L knee up (12:00)
- 3&4 Cross L over R, step R to right side, cross L over R
- 5-6 Step R to right side, recover on L
- 7&8 Cross R over L, step L to left side, cross R over L

Sec 4 Side Step, Touch R, 1/4 Turn, Touch L, Step Together, Cross Shuffle

- 1-2 Step L to left side, touch R beside L
- 3-4 Turn 1/4 right stepping R to right side (03:00), touch L beside R
- 5-6 Turn 1/4 right stepping L to left side (06:00), close R together L
- 7&8 Cross L over R, step R to right side, cross L over R

Part B : 32 count

Sec 1 Walk forward, Rocking Chair

- 1-2 Step R walk forward, step L move slowly to go forward
- 3-4 Step L walk forward, step R move slowly to go forward
- 5-6 Step R forward, recover on L
- 7-8 Step R backward, recover on L

Sec 2 Point Side, Hip Bumps, Behind Side Cross

- 1&2 Point R to right side with bump hip to R-L-R
- 3&4 Cross R behind L, step L to left side, cross R over L
- 5&6 Point L to left side with bump hip to L-R-L
- 7&8 Cross L behind R, step R to right side, cross L over R

Sec 3 Backward, Sweep, Back Rock, Forward Rock

- 1-2 Step R backward, sweep L to left side
- 3-4 Step L backward, sweep R to right side
- 5-6 Step R backward, recover on L
- 7-8 Step R forward, recover on L

Sec 4 Point Side, Hip Bumps, Behind Side Cross

- 1&2 Point R to right side with bump hip to R-L-R
- 3&4 Cross R behind L, step L to left side, cross R over L
- 5&6 Point L to left side with bump hip to L-R-L
- 7&8 Cross L behind R, step R to right side, cross L over R

Enjoy the dance... !

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