

Sugar at the Bottom

Compte: 48

Mur: 2

Niveau: Low Advanced

Chorégraphe: Helena Jeppsson (SWE) - August 2022

Musique: sugar at the bottom - Hayley Kiyoko



(16 count intro) (no restarts)

Walk x2, 1/4 turn L rock and cross, 1/4 turn L x2, step hitch x2

- 1, 2 Walk fwd on right, left
- 3&4 1/4 turn left rock RF to right side, recover weight onto LF, cross RF over LF
- 5 1/4 turn L stepping fwd in LF (6:00)
- 6 1/4 turn L stepping RF to right side (facing 3:00)
- 7 Step LF next to RF and hitch right knee
- &8 (&)Step RF to right side, (8) step LF next to RF and hitch right knee

Dorothy step x2, out, out, swivel, hitch

- 1, 2& Step RF fwd on right diagonal (4:30), step LF behind RF, step RF slightly fwd
- 3, 4& Step LF fwd on left diagonal (1:30), step RF behind LF, step LF slightly fwd
- 5, 6 Step RF out to right side, step LF out to left side (weight on LF, facing 3:00)
- 7&8 Swivel right heel towards LF, swivel right toe towards LF, hitch right knee

Side steps and knee lifts

- &1 Step RF down on right side, lift left knee
- &2 Step LF down on left side, lift right knee
- &3&4 Step RF down on right side, lift left knee, touch LF down, lift left knee
- &5 Step LF down on left side, lift right knee
- &6 Step RF down on right side, lift left knee
- &7&8 Step LF down on left side, lift right knee, touch RF down, lift right knee

Sailor step, sailor step w/ 1/4 turn R, walk 3/4 turn R

- 1&2 Step RF behind LF, step LF to left side, step RF to right side
- 3&4 Step LF behind RF, 1/4 turn right stepping fwd on RF, step fwd on LF (6:00)
- 5,6,7,8 Make a 3/4 turn R walking around R, L, R, L (end facing 3:00)

Heel, toe, hitch, small run, mambo step, coaster step lock

- 1&2 Touch right heel fwd, touch right toe back, hitch right knee
- 3&4 Step fwd R, L, R
- 5&6 Rock fwd on LF, recover weight onto RF, step back on LF
- 7& Step back on RF, step LF beside RF
- 8& Step fwd on RF, lock LF behind RF

Fwd, 1/4 turn R point, cross rock, side rock, step back w/ sweep, coaster step

- 1 Step fwd on RF
- 2 1/4 turn R point left toe to left side (facing 6:00)
- 3& Cross rock LF over RF, recover weight onto RF
- 4& Rock LF to left side, recover weight onto RF
- 5 Step back on LF sweeping RF from front to back
- 6 Step back on RF sweeping LF from front to back
- 7&8 Step back on LF, step RF beside LF, step fwd on LF

Last Update - 3 Aug. 2022

