

So Good It Hurts

Compte: 32

Mur: 2

Niveau: Improver

Chorégraphe: Daniel Exton (UK) - July 2022

Musique: I Don't Like It, I Love It (feat. Robin Thicke & Verdine White) - Flo Rida



S1: Big Step, Slide, Big Step, Slide, Grapevine 1/4 Turn

- 1, 2 Big Step to the Right, Slide Left foot next to Right
- 3, 4 Big Step to the Left, Slide Right next to Left
- 5, 6 Right foot to Right side, Left foot behind Right
- 7, 8 Right foot forward with 1/4 turn Right, Left foot next to Right

S2: Mambo Step, Coaster Step, Charleston Step

- 1 & 2 Right foot forward, Left foot next to Right, Right foot back
- 3 & 4 Left foot back, Right foot next to Left, Left foot forward
- 5, 6 Right foot forward, Sweep Left foot round and Touch in front of Right foot
- 7, 8 Sweep Left foot back, Right foot Touch behind Left and sweep out ready for next step

S3: (Rock and 1/2 Turn, Walk, Walk) x2

- 1 & 2 Rock forward on Right foot, Recover onto Left, Right foot forward with 1/2 turn Right
- 3, 4 Walk forward Left, Right
- 5 & 6 Rock forward on Left, Recover onto Right, Left foot forward with 1/2 turn Left
- 7, 8 Walk forward Right, Left

S4: Cross and Side, Cross and Side, Monterey 1/4 Turn, Kick Ball Change

- 1 & 2 Cross Right over Left, Left foot back, Right foot to Right side
- 3 & 4 Cross Left over Right, Right foot back, Left foot to Left Side
- 5 & Touch Right to Right side, Touch Right next to Left whilst doing a 1/4 turn Right
- 6 & Touch Left to Left side, Touch Left next to Right
- 7 & 8 Kick Right foot forward, Right foot next to Left, Left foot next to Right

No Tags, No Restarts

Enjoy Yourself!!!
