

Ring The Alarm

Compte: 32

Mur: 2

Niveau: Easy Intermediate

Chorégraphe: Heru Tian (INA) - June 2022

Musique: Ring The Alarm - KARD



***1 Tag, 1 Restart , 1 Bridge**

Intro : 16 C

****Tag 4C at the end of wall 7 facing 6.00**

Tag : R CROSS – FULL UNWIND TURN L

1 Cross Rf over Lf

234 Do a full unwind turn L over 3 counts

****Restart on wall 8 after 8C and 2C Bridge (facing 12.00)**

Bridge : Starts facing 3.00, R WALK FWD- L ¼ TURN L WALK FWD

1 2 Walk Rf fwd (1), ¼ turn L, facing 12.00, Walk Lf fwd (2)

SECTION 1 : R BOTAFOGO- L CROSS- R TOUCH OUT- IN- R SAMBA WHISK – L SIDE – ¾ SPIRAL TURN R- R HOOK

1&2 Cross Rf over Lf (1), Step Lf to Side (&), Step Rf in place (2)

3&4 Cross Lf over Rf (3), Touch Rf toe Out (&), Touch Rf toe In (4)

5a6 Step Rf to Side (5), Ball Lf Behind Rf (a), Step Rf in place (6)

7&8 Step Lf to Side (7), ¾ Spiral Turn R (&) keep weight on Lf, Hook Rf (8) facing 9.00

****Restart here on wall 8 after 2C Bridge (facing 12.00)**

SECTION 2 : R, L WALK FWD- 1/8 PADDLE TURN L (X2) – R, L SYNCOPATED JAZZ BOX

1 2 Walk Rf fwd (1), Walk Lf fwd (2)

3&4& Touch Rf to Side (3), With hip roll make 1/8 turn L (&), Touch Rf to Side (4), With hip roll make 1/8 turn L (&) facing 6.00

5&6 Cross Rf over Lf (5), Step Lf Behind (6), Step Rf to Side (&)

7&8 Cross Lf over Rf (7), Step Rf Behind (8), Step Lf to Side (&)

SECTION 3 : R SYNCOPATED DIAGONALLY ROCKING CHAIR – R DIAGONAL FWD LOCK STEP- ¼ TURN L DIAMOND

1&2& Rock Rf fwd to L Diagonal (1), Recover on Lf (&), Rock Rf back (2), Recover on Lf (&)

3&4 Step Rf to L Diagonal (3), Lock Lf Behind Rf (&), Step Rf to L Diagonal (4)

5&6& Cross Lf over Rf (5), Step Rf to Side (&), 1/8 Turn L, Step Lf back (6), Hitch Rf (&)

7&8 Step Rf back (7), 1/8 turn L, Step Lf to Side (&), Step Rf fwd (8) facing 3.00

SECTION 4 : L SAMBA STEP- R ¼ TURN R SAMBA STEP- L BACK- R BACK- L FWD – FULL TURN L

1&2 Step Lf To Side (1), Step Rf next to Lf (&), Step Lf in place (2)

3&4 ¼ turn R, Step Rf to Side (3), Step Lf Next to Rf (&) Step Rf in place (4) facing 6.00

5 6 Step Lf back (5), Step Rf back (6)

7&8 Step Lf fwd (7), ½ turn L, Step Rf back (&), ½ turn L, Step Lf fwd (8)

Start again...

Thank you, Herutian79@gmail.com