

Jack Be Quick

Compte: 32

Mur: 4

Niveau: Improver



Chorégraphe: Sandy Kerrigan (AUS) - June 2022

Musique: Limbo Rock - Chubby Checker : (CD: The Best Of Chubby Checker / iTunes)

ou: Limbo Rock (Moombhton Remix) - Chubby Checker

***2nd Choice: Limbo Rock (Moombhton Remix)**

Dance Info: Dance starts -wt on L-Chubby Checker: Start the on lyrics

Moombhton Remix: Starts 32 counts in (30 seconds in). BPM [94:74]

Track Length 3:25 - Version 1:00

Right Cross Samba, Left Cross Samba, Diamond Fallaway Turning ¼ Right 3:00

1 & 2 Cross R over L, Rock L to L Side, Rock R to R Side
3 & 4 Cross L over R, Rock R to R Side, Rock L to L Side
5 & 6 7 Cross R over L, Step L to L Side, Turning 1/8th R-Step Back R, Step Back L
& 8 Turning to 3:00 Wall-Step R to R Side, Step Fwd L

R Mambo Step, L Mambo Step, Right Syncopated Rock Chair, Cross, 1/8 R-Step Back L, Back R

1 & 2 Rock Fwd R, Replace Back to L, Step Back on R
3 & 4 Rock Back on L, Replace Fwd to R, Step Fwd on L
5 & 6 & Rock Fwd on R, Rock Back onto L, Rock Back on R, Step Fwd onto L**Tags

(Moombhton remix: 2 cnt Tags here: Walls 3 & 7-Facing 9:00 Wall)

Chubby Checker: 2 cnt Tags here: Walls 2 & 6-facing 6:00 Wall)

7 & 8 Cross R over L, Turning 1/8th R-Step Back L, Step Back R (facing Side R45°)

Back L Coaster Step, Scuff, Step, Scuff, Step, Scuff, Step, ½ L-Shuffle Turn

1 & 2 Step Back L, Step R next to L, Step Fwd on L
& 3 & 4 Scuff R, Step Fwd R, Scuff L, Step Fwd L
& 5 & 6 Scuff R, Step Fwd R, Scuff L, Step Fwd L
7 & 8 Turning ½ Left-Shuffle Back Right(now facing Front L45°)

Note: Scuff steps are very casual while swinging your arms from side to side.

Step Back L, 1/8th R-Point R to R, Behind, Side Cross, ¼ Coaster Step, R Syncopated Rock Chair 3:

1 2 Step Back on L, Turning 1/8th R to 12:00-Point R toe to R Side
3 & 4 Cross R Behind L, Step L to L, Cross R over L
& 5 6 Turning ¼ R-Step Back on L, Step R next to L, Step Fwd on L
7 & 8 & Rock Fwd on R, Rock Back onto L, Rock Back on R, Rock Fwd onto L 3:00

[32&]

Note: There is a 2 count tag for both songs, noted above.

Tag: 1 2 Step Fwd R, Step L next to R