

You Know I Am

Compte: 32

Mur: 2

Niveau: Intermediate



Chorégraphe: Mark Furnell (UK) & Chris Godden (UK) - May 2022

Musique: I.M - Michael Ben David

Intro: 16 Counts, Start at approx 28 secs

Note: Start with head down

Intro At about 9 Seconds - On the beat after the vocals

"Keep Your Head Up" - Lift Head

"Keep Your Head Up" - Cross right over left

- Arms: Punch both arms to right

"Keep Your Head Up" - Cross left over right, unwind full turn right

- Arms: Punch both arms to left

"Remember Who" - Rock right to right

"You Are" - Recover weight onto left dragging right beside left

Keeping weight on left finger clicks with music on even counts

Main Dance

SEC 1 Syncopated Vine, Point, Hold, Ball Cross, Hold, ½ Unwind

1-2& Step right to right, step left behind right, step right to right

3-4 Point left to left, hold

&5-6 Step left beside right, cross right over left, hold

7-8 Unwind ½ turn left over 2 counts transferring weight onto left (6:00)

SEC 2 Back, Touch, Back, Touch, Out Out, Arm Wave

1-2 Step right back, touch left forward

3-4 Step left back, touch right forward

&5 Step right to right, step left to left

Arms 5) Cross arms at shoulder height left arm on top of right

6-7-8 Hold for 3 counts

Arms

7) Drop left elbow raise right elbow

(&) Lift left elbow dropping right

8) Level elbows pulling both arms left

SEC 3 Cross, Hold, Back, Side Shuffle, Samba Step, Step

1-2 Cross right over left, hold

3 Step left back

4&5 Step right to right, step left beside right, step right to right

6&7 Cross left over right, rock right to right, recover weight onto left

8 Step right forward

SEC 4 Slow Prissy Walk, Slow Prissy Walk, Prissy Walk x3, Touch

1-2 Cross left over right, hold

Arms Punch both arms to left

3-4 Cross right over left, hold

Arms Punch both arms to right

5-6 Cross left over right, cross right over left

7-8 Cross left over right, touch right beside left

Tag 1 At the end of Wall 3

1-4 Roll hip clockwise from right to left over 4 counts

Tag 2 At the end of Wall 7

1-4 Roll hip clockwise from right to left over 4 counts

1-8 Hold for 8 counts
