

Bouncin' Back

Compte: 32

Mur: 4

Niveau: Beginner



Chorégraphe: Kathy Riley (USA) - June 2022

Musique: Bouncin' Back (Bumpin' Me Against the Wall) - Mystikal : (Bumpin' Me Against the Wall)

Charleston Kick X 2

- 1, 2 Swing Right Foot Forward to touch, Swing Right Foot Back to touch
- 3&4 Swing Left Foot Back to touch, Rock on Right Foot, Swing Left Foot Forward to touch
- 5, 6 Swing Right Foot Forward to touch, Swing Right Foot Back to touch
- 7&8 Swing Left Foot Back to touch, Rock on Right Foot, Step Left Foot Forward

Right Scissors, Left Scissors

- 1-3 Step Right Foot to the Right Side, Step Together with Left, Step R Foot Across front of L
- 4 Hold
- 5-7 Step L Foot to the L Side, Step Together with R, Step L Foot Across Front of R
- 8 Hold

Right Side Together, Hip Circle, Jazz Box 1/4 Turn Right With Hip Hip Hip

- 1-2 Step R foot to the side, bring L foot to R foot
- 3&4 Transfer weight from R foot to L foot to R foot while circling hips
- 5,6 Cross R foot over L foot, step left foot behind R, ¼ turn R leading with R shoulder and Right foot, follow shifting weight pushing hips R-L-R
- 7,8 Tap left foot to the left side together, tap right foot to the right side together (3:00)

3 Right Foot 1/4 Point Turns to the Left, Step Together, Step Forward L, 1/4 , 1/4, L Shuffle

- 1 & 2 & R toe touch forward, and 1/4 turn L, R toe touch forward, and 1/4 turn L
- 3 & 4 R toe touch forward, and 1/4 turn L , and step R foot forward (9:00)
- 5 & 6 & L toe touch forward, and 1/4 turn R, L toe touch forward and 1/4 turn L
- 7 & 8 Step forward on L, R beside L, forward on L. (3:00)

REPEAT