

# My Heart Stood Still

**COPPER** KNOB  
BY STEPHENETS

**Compte:** 32

**Mur:** 2

**Niveau:** High Beginner

**Chorégraphe:** Jo Boocock (NZ) & Bex Roper (NZ) - May 2022

**Musique:** Da Doo Ron Ron - The Crystals



**Intro : 16 counts 3 Tags**

**Right Side Shuffle, Rock, Recover, Side Toe Struts x 2**

1&2 Step R to right, step L by R, step R to right  
3 4 Rock L behind R, Recover on R  
5 6 Left Toe to left side, L heel down  
7 8 Cross Right Toe over L, R toe down

**Left Side Shuffle, Rock, Recover, Side Toe Struts x 2**

1&2 Step L to left, step R by L, step L to left  
3 4 Rock R behind L, Recover on L  
5 6 Right Toe to right side, R heel down  
7 8 Cross L Toe over R, L toe down

**Monterey 1/4 Turn twice**

1 2 Point R to right, drag R by L doing 1/4 right [3:00]  
3 4 Point L to left, Step L by R  
5 6 Point R to right, drag R by L doing 1/4 right [6:00]  
7 8 Point L to left, Step L by R

**Cross Rock Recover, Side Toe Strut, Cross Rock Recover, Side, Touch**

1 2 Cross Rock R over L, Recover on L  
3 4 Step R Toe to right, Drop R heel down  
5 6 Cross Rock L over R, Recover on R  
7 8 Step L to left, Touch R by L

**\*\* Tag : End of Wall 2, 4, 7 ( 8 counts ) Rocking Chair, Jazz Box**

1 2 Rock R fwd, Recover on L  
3 4 Rock R back, Recover on L  
5 6 Cross R over L, Step L Back  
7 8 Step R to right, Step L fwd

**Have fun and let's see what happens!**

**Dance edit, email: [jobex.bootscoot@gmail.com](mailto:jobex.bootscoot@gmail.com)**